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Check out this week's Fresh Solution, Cheesy Bacon and Pesto Ritz Bites, on pages 4 and 5. Feeling inspired? Pop into a local Save-On-Foods store to pick up the ingredients in one easy stop.

Edmonton metro

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A rock, skip and a fun place

There's a championship for rock skipping in Edmonton. Really.



Alex Boyd
Metro | Edmonton

The Edmonton Rock Skipping Championships started as a casual bet between two friends.

"I was surprised we did the first one. We got to the river and I was still thinking 'What are we doing here?' But it's a great tradition we wanted to continue," said co-founder David Young.

Against the expectations of organizers, it's now celebrating five years this weekend.

It began when Young and friend Jason Hayes got into a debate over who could skip a rock the farthest.

They made a plan to meet at the river and settle it once and for all.

They invited a few friends along. The rest is history.

The format has remained largely unchanged — and deliberately casual — over the years. You still have to bring your own rocks, since the sluggish North Saskatchewan doesn't wear rocks down to the slim disks best for skipping.

Attendance has ranged from a handful to a couple dozen and they've had people

of all ages show up. One year they had a lot of children so they ran a special junior contest.

Instead of an entrance fee they collect donations for the Edmonton Food Bank instead.

"Every time someone throws a rock, if it doesn't work out everyone feels bad, and if it goes well everyone cheers. It's pretty friendly," Young said.

Which is not to say a winning throw doesn't require skill. Contenders for the crown are those who can skip a rock at least 20 times.

The winner has ranged from 23 to 28 skips.

To ensure consistency in scoring they've appointed a local real estate agent as judge.

But the original debate between founders is also still going. Young won the top prize in year one and four. Hayes is still waiting his turn.

"He hasn't won yet, but he keeps competing, which shows commitment," Young said, laughing.

The 5th annual Edmonton Rock Skipping Championships run Saturday at 1 p.m. at the Laurier Boat Launch in Sir Wilfred Laurier Park. Bring six rocks and a donation for the Food Bank.

STEP ONE: POWER



STEP TWO: ANGLE



STEP THREE: SPIN



TIPS ON TECHNIQUE

Two-time Edmonton Rock Skipping Champion David Young says the perfect skip comes down to three things.

"Science says the key is angle, speed and spin. But usually you can tell it's a good throw before it's left your fingers," he said.

"It's like golf, you know when you've made a good drive, you feel it before you see it." Young said he spent hours of practice at the Montana lake his family vacationed at when he was a kid.

"It's funny how time just goes away and you never forget."

Also, rocks are important. The best rocks are those that are flat, round, and fit into your palm, he said.



If it doesn't work out everyone feels bad, and if it goes well everyone cheers. It's pretty friendly. David Young



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save on foods



Wayne Gretzky came to give the opening of Rogers Place the historic gravitas it deserves in Edmonton. KEVIN TUONG/FOR METRO

Make new memories at Oilers' new home: Gretzky

HOCKEY

**\$614-million
Rogers Place
opens thanks to
club, taxpayers**

The Great One says the ice isn't as fast, but Edmonton's new Rogers Place is a "special, special" arena where he hopes fans can make new memories and the Oilers can again win championships.

Wayne Gretzky, who played for the Oilers from 1979 to 1988 and helped them win four Stanley Cups, was a surprise guest at Thursday's ribbon-cutting ceremony for the NHL team's new shiny, silver downtown arena.

"The ice isn't quite as fast as Rexall, I tested it today. I seemed to be faster in the 90s than I am today," he said to laughter from a crowd gathered at the new arena late Thursday afternoon.

"But the atmosphere in the building is exactly what Edmonton is all about — it's friendly,

it's classy, it's nice, it's warm..."

Rogers Place replaces Rexall Place, home to the Oilers since 1974 in a city, and region, that loves the team, names streets after its players and delivers year-over-year sellout crowds.

It seats 18,641 built at a cost of almost \$614 million — a price tag shared by city taxpayers, ticket buyers and the Oilers.

The ribbon-cutting caps years of melodrama, debate, negotiation, bluff, bluster, apologies and anger that began when Oilers owner Daryl Katz bought the

team in 2008 and immediately began beating the drum for a new home.

Concerns still remain over the rink, given the increase in traffic and the impact on low-income downtown residents and the homeless.

Meanwhile, the Oilers, and their fans, need a pick-me-up.

The team, home to hockey's last great dynasty, has missed the playoffs for 10 consecutive seasons. If they miss again in their new home it will be an NHL-record 11. THE CANADIAN PRESS

ART

Alex Janvier mosaic unveiled at Rogers Place



**Ryan
Tumilty**
Metro | Edmonton

Alex Janvier's "Iron Foot Palace," a 14-metre tile mosaic made of tile in the entrance to Rogers Place, was unveiled Thursday morning.

Just hours before an official ribbon cutting ceremony opened the building, local school children pulled back black cloth to reveal Janvier's work, which sits in Ford Hall — the space formerly known as the Wintergarden.

Janvier said it was inspiring to see his mosaic in such an important building in the city.

"It's amazing to have it here," he said. "When you see the actual finish it's really just wonderful to see."

The mosaic is made up of almost a million glass tiles, and



The mosaic has almost one million tiles and took six months to put together. RYAN TUMILTY/METRO

was put together over the course of six months.

Janvier said he feels honoured to have been chosen to install the piece.

"We have the fortune of doing things in Edmonton, and to have pieces like this tells us more

about Edmonton's people," he said. "They have been kind to me through the years."

Mayor Don Iveson said the work is incredible and fits into the new building.

"To have such a remarkable work of art that is all about the

convergence of different people and different perspective on this piece of land we call Edmonton is really a fitting tribute," he said.

Bob Black, vice-president with the Katz Group, said the organization was thrilled with Janvier's work and its prominence in the building.

"From the very beginning, we believed that Ford Hall would be a great meeting place and to have this piece of art as the centrepiece of it all is going to create indelible experiences," he said.

The Edmonton Arts Council helped select all of the public art in and around Rogers Place.

Black said when the Oilers were told about Janvier's piece it seemed immediately appropriate.

"We're very respectful of the reality that we are on Treaty Six lands," he said. "This is something strike a chord with us, it has from the very beginning."

High Level dangerous

INFRASTRUCTURE

Pedestrian, cyclist traffic should be one-way: Audit



Ryan Tumilty
Metro | Edmonton

A safety audit of the High Level Bridge is recommending the bridge be at least partially shut to two-way traffic for pedestrians and cyclists — but the city isn't planning to take that step.

The report, by outside firm Urban Systems, looked at the high cycling and pedestrian numbers on the bridge and the now narrower paths, because of the installation of the suicide barriers last year.

It notes neither side meets the standards for a two-way path with pedestrians and cyclists, but says the west side could still work that way though the east doesn't.

The report recommends changing how the paths are used.

"Given the existing conditions, to ensure the safe operation of the pathways, it is suggested that the pathway

operations be modified," it said.

It offers up two proposals, either change both paths to a one-way operation or to convert just the narrower east side.

Chris Chan, executive director of the Edmonton Bicycle Commuters Society, said the complaints about the bridge have fallen considerably now that both side are open and construction is finished.

"We haven't been hearing nearly the same level of the frustration," he said.

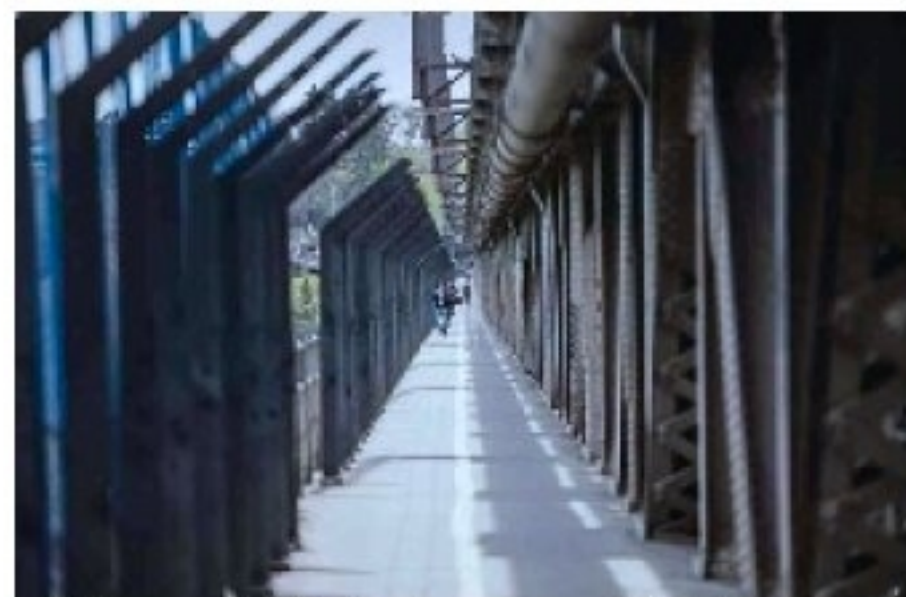
Chan said there's no need for the city to be hasty and make a change like this now.

Adam Laughlin, the city general manager of infrastructure, said they heard clearly from users who didn't want the change and are instead going to look at better signage and warning about some of the narrow sections.

"We're trying to create something that the users support and address some of the issues that have been raised in a different way," he said.

The report also suggested the city look at potentially widening the paths or even the proposal to put a pathway on the upper deck of the bridge.

Laughlin said the city can study those ideas closer and may even look at moving up a proposed renewal of the bridge.



Suicide prevention barriers have narrowed the bridge considerably, making it difficult for cyclists. METRO FILE

ADDITION

Opioid epidemic partly doctors' fault: Regulator

Alberta's physician regulatory college has admitted doctors have played a part in the prescription-opioid epidemic.

On Thursday, the College of Physicians and Surgeons of Alberta (CPSA) held a council meeting to debate a drafted standard of practice of safe prescribing, which will be sent for consultation after it's approved.

"The medical profession

has had a hand in creating the prescription opioid issue," said Kelly Eby, spokeswoman for the CPSA. "And now there's a responsibility to guide physicians and their patients on to a better and safer path."

Opioid prescribing by Alberta docs is among the highest in Canada, according to the CPSA.

JEREMY SIMES/METRO IN CALGARY

talk about **fresh solutions**

Cheesy Bacon and Pesto Ritz Bites



Prep Time: 10 minutes | Cook Time: 20 minutes | Makes 8 Servings

Ingredients

- 1-250g package Western Family cream cheese, softened
- 2 tbsp (30 mL) Western Family mayonnaise
- 3 tbsp (45 mL) pesto
- 2 jarred roasted red peppers, finely chopped
- 2 ounces (60g) Parmesan, shredded
- 1-85g package Maple Leaf Natural Selections bacon pieces, divided
- 3 Ritz Original crackers crushed, more for dipping

Directions

1. Preheat oven to 350°F (180°C). Lightly spray a 4-inch shallow ceramic bowl with cooking spray.
 2. Combine cream cheese, mayonnaise, pesto, peppers, Parmesan and two-thirds of the bacon. Spread in the bowl. Top with crushed Ritz crackers and remaining bacon.
 3. Bake for 15 to 20 minutes until warmed through. Remove from oven and serve warm with additional Ritz crackers.
- Tip: Pack this dip in a bento box with some crackers, sliced meat and veggies for your very own lunch picnic.

save on foods

Eyes on Saskatchewan Drive

POLICE

Safewalk beefs up patrols after assault; hunt on for suspect



Kevin Maimann
Metro | Edmonton

University students are keeping close watch on Saskatchewan Drive after a woman was assaulted there last month by a man who has so far evaded police.

The University of Alberta's Safewalk program, which sees volunteers accompany people who feel unsafe walking alone at night, has beefed up its patrols in the area since classes resumed on Sept. 1.

"That (area) has been a concern for us. We are getting some feelings from students that it's on their minds," said Safewalk specialist Collin Horn.

"They have been walking down Saskatchewan Drive just for visibility. We've always patrolled that area, but we've



This area of Saskatchewan Drive is being more closely monitored after a brazen sexual assault. KEVIN TUONG/FOR METRO

sent extra teams."

Police released video footage Wednesday that they hope will help identify a man who assaulted a woman near 116th Street and Saskatchewan Drive

on Aug. 5.

A woman was walking along Saskatchewan Drive around 11:45 p.m. that night when she was grabbed, choked and dragged into the bushes

north of the walking path. The suspect fled on foot after bystanders came over to help the woman, who was taken to hospital with serious injuries and has since been released.



That (area) has been a concern for us.

Safewalk specialist
Collin Horn

Horn said 90 per cent of Safewalk clients are women.

"A lot mention that they don't feel comfortable taking the train at night, especially if they're traveling alone or if they have to walk a distance from campus," he said.

About half of Safewalk volunteers are women.

Volunteers can sign up online and go through two interviews and a background check before 20 hours of training, which includes learning how to report emergencies, how to talk to clients, diversity training, and using the program's radio system.

People who need accompaniment for their travels can call 780-4WALKME and two volunteers in fluorescent safety jackets will meet them at a location on or near the university campus.

Safewalk is recruiting volunteers until Sept. 21.

ART

Store to become creative space

The former Sobeys store space on 104th Street is temporarily being transformed into a creative hub.

The Edmonton Economic Development Corporation has partnered with Mojo Design Inc., a local home design group, to transform various establishments along the street into exhibits for local artists and culinary professionals. This is the fourth year that Vignettes Design Showcase and Vignettes Does Dining is being held. Ten teams of local designers, craftsmen, woodworkers and visual artists will showcase their work on Sept. 16 and 17 in the former Sobeys space on Jasper Avenue and 104th Street. The gallery will be open to the public and entry is by donation.

"I created Vignettes because I wanted to promote the local design community, and provide a showcase for the amazing designers, craftsmen, visual artists, and contractors that call Edmonton home," said Leigh Wright, founder and creator.

AMEYA CHARNALIA/FOR METRO

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In July, 22-year-old Mykhaylo (Misha) Bazelevskyy, a student at an Edmonton university, was one of 84 people killed during an attack in Nice, France. THE CANADIAN PRESS

University pays tribute

MEMORIAL

Student killed during July truck attack in Nice, France

The MacEwan University community gathered Thursday to pay tribute to a student who died during the July truck attack in Nice, France.

Around 150 people attended a memorial for 22-year-old Mykhaylo (Misha) Bazelevskyy, who was one of the 84 people killed during Bastille Day celebrations in the coastal city.

At the time, Bazelevskyy was one of five MacEwan University students participating in a three-week entrepreneurship and innovation training program in France. The remaining students and one faculty member were unharmed in the attack.

"It's certainly circumstances that are still so difficult for all of our students and everyone in the MacEwan community and the surrounding communities to really wrap our head around," said Danika McConnell,

president of the students' association, after the memorial.

A video tribute of Bazelevskyy, who was a Ukrainian national studying business at the university, was also shared with those in attendance.

The university co-ordinated the memorial with Bazelevskyy's family members, said David Barry, media relations advisor of MacEwan University.

"It was a very tasteful ceremony," he said. "We're very happy we could share this moment with the family."

Speakers included Bazelevskyy's family, his former varsity teammates and classmates.

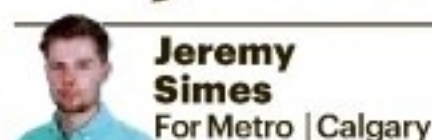
Hearing from Bazelevskyy's family was special, said McConnell.

"It was a beautiful way to see how he grew up and the family that he spent his time with," she said. "It was something that will never wander far from our minds, but today was a time of celebration, a time for us to join from his family, those from Ukraine, those local, and as well as students to make that connection and hear stories about times with family."

THE CANADIAN PRESS

UNIVERSITY OF CALGARY

Mojo researchers study bone, joint health



Jeremy Simes
For Metro | Calgary

This mojo isn't the essence of Austin Powers' sex drive.

More appropriately, this Mojo, an acronym for a new \$13.2-million Mobility and Joint Health centre, officially opened at the University of Calgary Cumming School of Medicine on Thursday.

The Mojo is the first of its kind in Canada, according to Steven

Boyd, director of the U of C's McCaig Institute for Bone and Joint Health, which will house and operate the facility.

Boyd said numerous research projects are occurring at the Mojo, featuring state-of-the-art imaging, movement assessment and diagnostic equipment that researchers use for bone and joint health.

In some studies, like the U of C's vitamin D and calcium supplements analysis, researchers use the same equipment that

NASA uses on astronauts.

Boyd said researchers hope to find cures for bone and joint disorders, as there are none for osteoarthritis, osteoporosis and rheumatoid arthritis, the big three musculoskeletal diseases.

"Our immediate goal is to develop techniques to diagnose — and correctly diagnose — these conditions early," he said. "It's designed to help solve these chronic diseases in terms of early diagnosis and intervention so that patients are put on a better track."

The Mojo was established with support from the Canada Foundation for Innovation (CFI), the Government of Alberta, and industry partners and private donors.

"We are proud to have invested in this facility, which will bring together researchers from fields as diverse as engineering and health to work on problems that have substantial impacts on quality of life," said Deron Bilous, economic development and trade minister, in a statement.

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IN BRIEF

Ex-Calgary MLA to vie for Alberta Tory leadership

A former member of the legislature from Calgary says she's going to run for the leadership of the Alberta Progressive Conservatives.

Donna Kennedy-Glans says she's excited about entering the race that is to culminate with a vote by delegates on March 18.

She says some of the decisions made by the NDP government are putting Alberta in a hard place to navigate and a course correction is needed.

Conservative MP Jason Kenney is the only other person so far in the leadership race, which officially begins on Oct. 1.

THE CANADIAN PRESS

Redford back in corridors of power

HONOUR

This time in portrait form at the legislature

Former scandal-scarred Alberta premier Alison Redford was immortalized on the walls of the legislature Thursday morning by two staffers who rolled up with no notice, hung her portrait in seconds, checked the levels, and left.

There was no traditional pomp and fanfare that traditionally accompanies the official portrait unveilings of premiers past.

Redford said in a statement she did not want any.

"Those in political life are inclined to use events such as this unveiling to paint their own picture of how they want to be remembered and what they hope their legacy might be," she wrote. "I am choosing not to do that ... I instead choose to leave the history of my time in office to be written when time has provided a clearer perspective."

The portrait depicts Red-



A portrait of former Alberta Premier Alison Redford now hangs in the Alberta Legislature amongst past premiers Ralph Klein and Ed Stelmach, in Edmonton. THE CANADIAN PRESS

ford, Alberta's first female premier, in a maroon jacket and black skirt standing with her left hand resting on a stack of books on a side table and her right hand holding the family tartan.

The names of the books etched on the spines reflect her stated core values and interests: Energy, Opportunity, Equality, Diversity.

The work is an oil on canvas by Calgary artist Liela Chan, completed for \$12,500.

Unlike the portraits of the 13 premiers who preceded her, Redford does not look directly back at the observer. Rather her head is tilted up, looking into the distance.

Ric McIver, interim leader of Redford's Progressive Conservatives, said he was OK with the

lack of ceremony.

"What the former premier wanted was to have no pomp and circumstance today, so obviously it was the right thing in my mind to respect her wishes," said McIver.

Some members of Premier Rachel Notley's cabinet passed by the portrait on their way to a meeting.

Government House Leader

Brian Mason, who tangled with Redford in her time as justice minister and premier, said she made a contribution.

"I think some of that may have been lost in some of the controversies toward the end of her term."

An official ceremony had been in the works.

In January, the government announced Redford had agreed to attend a spring unveiling ceremony.

No reason was given for the deferral. But in April, an investigation was reopened into how Redford as justice minister chose a law firm headed up by her political adviser, who was also her ex-husband, to run a multibillion-dollar government lawsuit against tobacco companies for health costs.

The case is ongoing, with all decisions being handled by officials in British Columbia to avoid any conflict of interest.

Redford could not be reached for comment. She has avoided the public spotlight since she resigned in March 2014, one step ahead of a caucus revolt fuelled by a public scandal over exorbitant spending on herself and her inner circle.

THE CANADIAN PRESS

HEALTH

Home care in cities rated lower: Survey

Jeremy Simes
For Metro | Calgary

Albertans in Calgary and Edmonton are rating their home-care service experiences a tad lower than their rural and smaller-city counterparts, according to a new survey by the Health Quality Council of Alberta (HQCA).

The HQCA is a provincial agency mandated with improving patient safety and service. It released the survey on Thursday, gathering responses from more than 7,000 Albertans, and found home-care patients in the province's largest cities gave the service a 7.9 out of 10.

That's not bad, but in cities with populations under 500,000 and in rural areas, respondents gave the service a score of 8.2 and 8.4 out of 10, respectively.

Andrew Neuner, CEO of the HQCA, noted there's more consistency in staff, fewer clients and better client-patient relationships in smaller communities.

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'Drones, go home': Bison

PARKS CANADA

The devices pose dangers to wildlife at Elk Island



Alex Boyd
Metro | Edmonton

After having to remind multiple visitors to put away their drones this summer, officials at Elk Island National Park would like to remind everyone the technology is not allowed.

Drones were banned in the park — along with all national parks — in 2014. But spokesperson Janelle Lane said the growing popularity of the technology means more would-be drone pilots are showing up at the park gates unaware of the rules.

While she said the vast majority get "friendly reminders," one person was charged last month with the unlawful take-off and landing of an aircraft.



These bison do not like it when you fly a drone at them. CONTRIBUTED

Under the National Parks Act drone pilots could be charged up to \$25,000.

But park officials want the public to know the dan-

gers drones pose to wildlife, visitors and park operations.

On-board cameras offer unprecedented shots of landscapes and wildlife, so many

drone operators come to try and shoot the herds of bison the park is known for, Lane said.

"(Bison) are really sensitive

“
They'll start to
file off into
another area.”
Janelle Lane

to noise," she said, "they will physically move out of the area, and like to kind of move in one line so they'll start to file off into another area."

The problem is when they get stressed, or are pushed into an area of the park that doesn't have adequate food for them, she said.

Right now the park, located about an hour east of the city in the middle of developed land, is a safe stopping point for birds migrating south. If airspace is buzzing with drones, the 250 species of birds that visit the park may stop coming by, Lane said.

Lane adds that drones could also interfere with the helicopters that are used both to count wildlife during the winter, and to rescue injured visitors.

WILDLIFE

Group seeks aid for Lucy



Ryan Tumilty
Metro | Edmonton

An animal welfare organization has filed for an order to force Edmonton's Valley Zoo to either drastically improve Lucy the elephant's care or move her to a sanctuary.

Julie Woodyer, a spokesperson for Toronto-based Zoocheck, which joined with local group Voice for Animals to file the application last week, said the province is not enforcing standards for zoos when it comes to Lucy's care. "This is not an application to move Lucy. This is an application to have the zoo come in compliance with the zoo standards," she said.

Woodyer said Lucy's enclosure is too small and doesn't give her adequate privacy. She also said the zoo's policy of walking her around the facility is not good for her nor safe for the public.

The zoo has consistently said Lucy can't be moved to another facility due to health, but Woodyer said it's about mindset.

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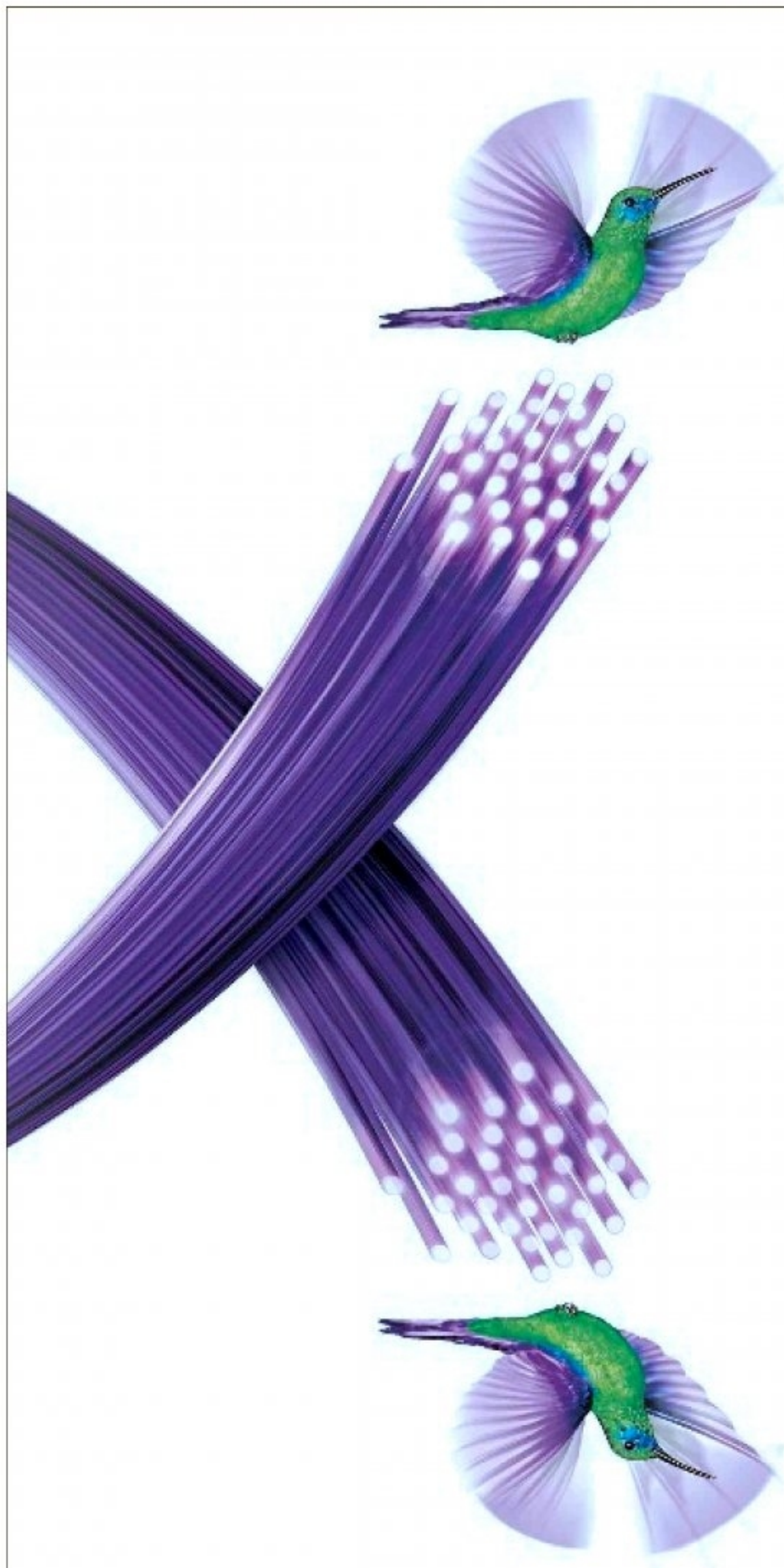
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JUSTICE ROBIN CAMP

Protesters show up at judge's hearing

Jessica Daigle had a message Thursday for a judge whose future on the bench is being considered at a Canadian Judicial Council hearing.

"My fantasy would be Justice (Robin) Camp not only acknowledging the error of his ways but, at this point in time, he really should consider resignation, because the public trust in the justice system is already waning," said Daigle, 34, as she held a placard demanding "Dignity For Victims" outside the Cal-

gary hearing room.

A council committee is hearing from witnesses about Camp and his handling of a sexual assault trial in which he chastised the complainant, questioned her morals and suggested she didn't try hard enough to fight off her alleged attacker.

Daigle and her boyfriend, Donald Walker, who was holding a sign that read "Ignorance Is Not An Excuse," said they were dismayed by what they had heard.

"So far I've been really dis-

appointed. I understand they are trying to make a case to show that he has reformed in his thinking," said Daigle, who described herself as a victim of sexual abuse.

"While I appreciate the education portion of this for someone in his position, he should have had that knowledge to begin with."

Daigle said her case never went to court after she was warned by a detective about how difficult it is for sexual assault victims during a trial. "When you go to

court, they strip you apart, even though you are the victim. That to me was not something ... I was prepared to deal with."

Camp's comments while he was a provincial judge in Calgary in 2014 led the Alberta Appeal Court to order a new trial for the man he acquitted.

Court transcripts show Camp asked the woman why she couldn't just keep her knees together and told her that "pain and sex sometimes go together."

THE CANADIAN PRESS



Ten U of A facilities are getting an upgrade. But not the Old Arts building, however. METRO FILE

U of A gets \$82.5M

FUNDING

Ten research facilities will get upgrades



Alex Boyd
Metro | Edmonton

The University of Alberta received \$82.8 million in federal and provincial funding Thursday to upgrade 10 of its facilities focused on research and innovation.

Areas on deck for a facelift include the electrical and computer engineering research facility, chemistry facilities and the chemical and materials engineering building.

Mike Sandare, vice-president external of the Students Union, applauded the focus on innovation because of the bigger range of opportunities that will be soon be available to students.

Sandare also notes that two of the university's satellite campuses, Campus Saint-Jean and Augustana, in Camrose, also have money earmarked for them.

"I'm really excited to see them getting a lab renewal. I've seen the labs at Campus Saint-Jean and I've seen the labs at Augustana — it's much needed," he said.

The new money pools \$56.3

million from the federal government and \$26.5 from the province.

According to a release, the money was divided up in order to boost economic diversification.

Upgrades will also improve environmental sustainability of infrastructure.

Improved lab spaces will also allow researchers to develop products for market more often, and possibly partner with industry if needed, according to the release.

"These significant investments help Alberta students put their best foot forward by maximizing the number of new, modernized learning spaces, while also creating much needed jobs to spur economic growth," Minister of Advanced Education Marlin Schmidt said, in a release.

Sandare said that while the Students Union welcomes the funding, the university is still facing \$600 million in deferred maintenance costs on campus.

"Student residences, heritage buildings, the faculty of arts even. We've got buildings that have been around campus for 100 years and it'd be nice to see those getting some upkeep as well."

On Tuesday, Ottawa also gave the U of A a \$75 million grant to create a new institute that will look at reducing the environmental footprint of fossil fuels.

"We've got buildings that have been around campus for 100 years and it'd be nice to see those getting some upkeep as well."

Mike Sandare

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Film festival entertains, challenges Islamophobia

CINEMA

The Mosquers enters tenth year of fighting stereotypes

Ameya Charnalia
For Metro | Edmonton

The Mosquers, a local film festival started 10 years ago to counter stereotypes of Muslims and Islam, returns for another run Saturday.

Nearly a dozen films made by both Muslim and non-Muslim filmmakers will be screened at the Winspear Centre, starting at 6 p.m.

In a conversation with Metro, Fatima Faizi, chair of The Mosquers, says the growing festival comes at a time when the city is holding important discussions about racism.

How has the festival evolved?

I think that attendance from non-Muslims, which is something that we had always aimed for, has definitely seen a significant change; we are beginning to see a large portion of the audience be non-Muslim, which is essentially the initial intent of The Mosquers.

I don't want to discredit by any means the support that we receive from the Muslim community because it's been ongoing and consistent throughout the years, but I feel that the impact that we're beginning to have because of the outreach and the engagement



A scene from a past Mosquers festival. CONTRIBUTED

and dialogue that we have due to non-Muslims being present is honestly great.

How does the festival drive a conversation about discrimination?

The Mosquers, really through the power of film,

is able to the showcase the message in a very subtle way.

It's building a bridge. It's talking about something common, and I think especially with some of the films, people will relate on a human level and then at

that point it doesn't matter what your religious background is. It just matters that, hey, you have unique and common compassion towards humanity and that's what really brings us together.

Where do you see the festival 10 years from now?

The vision of The Mosquers definitely is to transform the way the world sees Muslims.

**This interview was condensed and edited for brevity.*

WEEKEND EVENTS

Art all over the city

Friday

Public Art Appraisal

Bring out your old paintings: Rob Cowley will hit Edmonton on his Antiques Roadshow-inspired tour, searching for hidden treasures for upcoming auctions. Art owners at past stops have discovered they have paintings valued at tens of thousands of dollars.

Where: Hotel Macdonald's Parlour Room

When: Friday from 9 a.m. to 4 p.m.

Saturday

Italian Centre Shop Birthday

The shop is throwing a birthday bash to celebrate 10 years at its southside location. The free event includes food from local producers, a bouncy castle and face painters for kids, and dancing, live music and a pizza making contest for adults.

When: Saturday from 11 a.m. to 3 p.m.

Where: 5028 104A St.

Strathearn Art Walk

More than 120 artists will have work on display at the fifth annual event, which continues to grow each year. The walk will also feature live music, a beer garden, crafts and dancing for kids, and local food vendors.

When: Noon to 7 p.m.

Where: Strathearn Drive, between 89 and 91 streets.

All weekend

Kaleido Family Arts Festival

The annual Alberta Avenue celebration is back for an explosion of outdoor art with performances in various mediums that will take place in the streets, in back alleys, parks, on the sides of buildings, and up on rooftops.

When: Friday through Sunday, from noon to 10 p.m.

Where: 118 Avenue between 90 Street and 94 Street. METRO

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Liberals stump for peacekeeping plan

MILITARY

Opposition says U.N. has shown itself unable to run missions

Battle lines are being drawn between Liberals and Conservatives as the government prepares to deploy hundreds of Canadian troops to an as-yet-unannounced United Nations peacekeeping mission in Africa.

The pending clash, which is breaking along ideological lines, was previewed Thursday and is expected to figure prominently when the House of Commons returns from its summer break later this month.

At a peacekeeping summit in London, Defence Minister Harjit Sajjan affirmed the government's plan to make up to 600 soldiers and 150 police officers available for peace operations. The government will

also spend \$450 million on peace support projects, and will host a similar peacekeeping summit next year.

"Supporting and encouraging peace is certainly part of what it means to be Canada," Sajjan told counterparts from around the world.

But even as Sajjan was touting the return of Canadian blue berets, Conservative defence critics James Bezan and Pierre Paul-Hus were in Ottawa taking shots at the UN's record on peacekeeping, and the Liberal government's motives for pursuing such a mission.

Raising the spectre of peacekeeping failures including Rwanda and Bosnia, which many Canadians still remember, the Tories said the UN hasn't proven itself capable of managing peacekeeping missions.

Instead, Bezan held up Canada's participation in the U.S.-led war against Daesh as an example of a proper military mission. THE CANADIAN PRESS



Minister of National Defence Harjit Sajjan speaks during the UN Peacekeeping Defence Ministerial meeting at Lancaster House, in London, on Thursday. STEFAN ROUSSEAU/HE CANADIAN PRESS

POLITICS

Clement rejects values testing

Conservative leadership candidate Tony Clement says he will propose enhanced security screening for immigrants — but not a values test — as part of a broader plan for countering the threat of terrorism.

"If we can give our security personnel the right tools to identify potential threats to our country, then I believe that is exactly what we should be doing and quite frankly, that is where the threat is," Clement said Thursday as he shared part of the national security platform he plans to unveil in greater detail next week.

The Ontario MP and former cabinet minister initially declined to get into the debate over a proposal from leadership rival Kellie Leitch to vet immigrants and refugees for their views on what she calls anti-Canadian values.



Tony Clement THE CANADIAN PRESS

But with discussion over the Leitch proposal still dominating the otherwise sleepy leadership campaign and other candidates speaking up, Clement said Thursday he decided to comment to keep the issue from overshadowing his policy announcement next week.

THE CANADIAN PRESS

IN BRIEF

Canadian swims Channel

A 30-year-old Toronto man has become the latest Canadian to successfully complete a solo swim across the English Channel.

Samuel Bail finished the roughly 32-kilometre swim on Tuesday, taking 15 hours and 25 minutes to swim the distance between England and France. THE CANADIAN PRESS







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Hillary Clinton greets supporters Thursday at a campaign event in Charlotte, N.C. THE ASSOCIATED PRESS

Clinton opens up

U.S. POLITICS

In interview, nominee recalls some formative experience



Rebecca Williams
Metro | Toronto

Hillary Clinton spoke openly in a new interview published by Humans of New York Thursday. The Democratic presidential nominee retold a story about taking a law admissions test at Harvard and having to endure heckling by her male counterparts.

"My friend and I were some of the only women in the room. I was feeling nervous," she says. "And while we're waiting for the exam to start, a group of men began to yell at us ... it turned into a real 'pile on.' One of them

even said: 'If you take my spot, I'll get drafted, and I'll go to Vietnam, and I'll die.'"

Clinton went on to perhaps challenge some of her critics head-on concerning her "aloofness."

"But I had to learn as a young woman to control my emotions ... And sometimes I think I come across more in the 'walled-off' arena. And if I create that perception, then I take responsibility."

The nominee's open comments about the balance between needing to "protect yourself" while not wanting to "seem 'walled off'" struck a chord with some women online.

"Women all over the world know this as fact, all too much. Be quiet, but not too quiet. Be smart, but not too smart ... it goes on and on," wrote a woman by the name of Michelle Jenkins in one of the top comments on the Humans of New York's Facebook post of the interview.

GUN VIOLENCE

Texas teen dead after shooting student

A 14-year-old girl died of an apparent self-inflicted gunshot wound Thursday after shooting and injuring another female student inside a high school in West Texas, according to the local sheriff.

Authorities did not release a possible motive for the gunfire that erupted shortly before 9 a.m. at Alpine High School in Alpine, a town of 5,900 about 220 miles south-east of El Paso. Brewster

County Sheriff Ronny Dodson told radio station KVLV that the family of the girl who died had moved to the Alpine area about six months ago. She was a freshman at the school.

Dodson said the injured student ran outside seeking help and was taken to a hospital with injuries that weren't considered life threatening.

THE ASSOCIATED PRESS



People gather near the Alpine High School after a shooting, in Alpine, Texas, Thursday. THE ASSOCIATED PRESS



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IN BRIEF

Syria retakes territory as talks with U.S., Russia loom

Syrian government forces and their allies captured new ground on the edge of the contested northern city of Aleppo on Thursday, tightening the siege on rebel-held parts of the city, state media and an activist group said.

The latest push came after pro-government troops

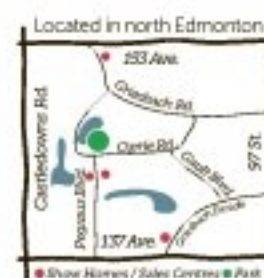
recaptured several military academies over the weekend that they had lost in attacks by insurgents a month ago.

The government advance also endangers talks between Russia and the United States over a possible Aleppo cease-fire. The city, Syria's largest and once its commercial hub, has been the focus of fighting in recent months.

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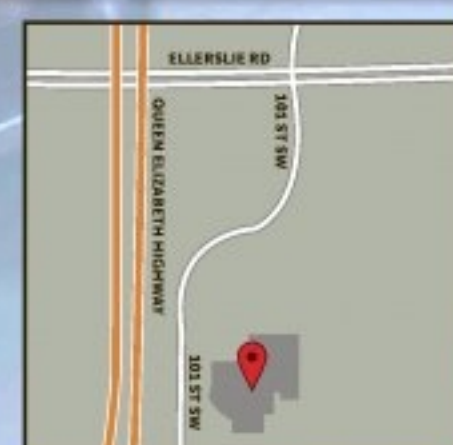


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Canadians to pay more for iPhone 7

TECHNOLOGY

Price is about 8 per cent higher than south of border

Even after allowing for currency exchange, Canadians will pay more than their American neighbours for the latest iteration of the iPhone.

The differential on top of an adjustment for the strong U.S. dollar adds about eight per cent to the list price of the just-announced iPhone 7 series — without a contract and depending on the handset's size and storage capacity, said Sentry Investments vice-president Andy Nasr.

That calculation is for an iPhone 7, which is largely similar to the iPhone 6, although it boasts improved camera function, better sound, greater water and dust resistance and a longer battery life. The phone starts at \$899 Cdn and

+ APPLE BETTING ON WIRELESS WORLD

Apple wants to push users further into a wireless world. Its tactics: eliminate the headphone jack and market "AirPods" — wireless earbuds that it claims are better than Bluetooth.

AirPod angst: Analysts say Apple used a smooth-surfaced design that doesn't conform to the shape of the ear, and note

that having AirPods fall out while running or biking "is less forgivable at the \$159 cost level."

New direction: Analysts say Apple wants to promote its own brand of wireless listening gear since the market for such accessories is growing at a time when iPhones sales are slowing.

\$649 US, with preorders beginning Friday.

With the U.S. dollar worth about \$1.29 Cdn, that \$649 south of the border translates into about \$839 here.

Nasr said that iPhone 7 prices may have been set when the loonie was worth less than it is today.

Apple reserves the right to adjust pricing when it launches the iPhone 7S, likely in mid-2017. And customers in Canada

can receive a rebate of up to \$325 on their legacy smartphones if they exchange the handset for an iPhone 7 or 7 Plus at an Apple retail outlet.

Some analysts said buyers should hold off on a new iPhone until 2017 when Apple will likely unveil a more radically re-engineered, possibly all glass iPhone 8 to mark the tenth anniversary of the popular consumer device.

TORSTAR NEWS SERVICE



Airbnb co-founder and CEO Brian Chesky, in a message on the vacation rental website's blog, apologized for being "slow to address" racism problems. THE ASSOCIATED PRESS FILE

RACISM COMPLAINTS

Airbnb says changes coming

Airbnb on Thursday apologized for its slow response to accusations of racism and outlined new policies to combat the problem, including reducing the prominence of photos in the booking process.

The company also plans to automatically block future reservations for dates where a host has told someone that a property was unavailable.

Numerous anecdotes on social media with the hashtag #AirbnbWhileBlack recounted incidents in which African-American guests were told listings were unavailable for the dates they wanted, only to see those same listings re-advertised later for the same dates.

"We have been slow to address these problems, and for this I am sorry," said Airbnb co-

founder and CEO Brian Chesky in a message published on the vacation rental website's blog.

Airbnb did not bow to critics' requests that they remove profile photos entirely so that hosts can't reject guests based on appearance, saying photos are an important security feature so hosts can recognize guests when they check in.

THE ASSOCIATED PRESS

IN BRIEF

SNC-Lavalin violated federal Elections Act
SNC-Lavalin made nearly \$118,000 in payments to federal parties that violated the Canada Elections Act over a seven-year period, the elections commissioner said Thursday. The contributions were made between March 2004, and May 2011. THE CANADIAN PRESS

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BROADCASTING

Ban 'discriminatory' basic TV, consumer groups tell regulator

The national broadcast regulator should ban TV providers from removing bundling discounts from customers who opt for mandated, cut-rate, basic TV service, consumer groups told hearings Thursday.

The call came as both the Public Interest Advocacy Centre and the Canadian Radio-television and Telecommunications Commission revealed they had been "threatened" by at least two service providers over information posted online that was designed to aid consumers in finding better TV services.

Removing bundling discounts amounts to discrimination and runs contrary to the intent of new rules designed to provide consumers with

"If they want to sue us, make my day."
Jean Pierre Blais

greater choice and flexibility in buying TV services, said PIAC executive director John Lawford.

"We believe practices such as the removing of the availability of bundling discounts and of certain services, including video-on-demand and free previews, subject certain basic service subscribers to an undue disadvantage, which is not justified," Lawford told the CRTC.

"These practices deter customers from switching or sub-

scribing to the skinny basic."

As Lawford was testifying Thursday, CRTC chairman Jean Pierre Blais questioned why PIAC had removed a page from its website which had offered consumers comparisons of cable and satellite TV services.

"We were threatened with ... not a lawsuit. It didn't get that far," Lawford told the panel, as he described letters and emails PIAC received about its website content.

Blais responded that the CRTC had received similar letters and suggested that he would welcome legal action over the regulator's online consumer tools.

"If they want to sue us, make my day," he said.

THE CANADIAN PRESS

TRAVEL

Advocate wins appeal

You don't need to be obese to stand up for the rights of obese people, the Federal Court of Appeal has ruled. The court ordered the Canadian Transportation Agency to take another look at a passenger rights advocate's complaint over Delta Air Lines' policy of bumping obese travellers.

The agency had dismissed Gabor Lukacs' complaint because it found he didn't have standing since he was not obese and wasn't directly affected by the practice. The complaint stemmed from a 2014 email from a Delta customer care agent to a passenger who felt he was "cramped" on a flight by a large passenger.

THE CANADIAN PRESS

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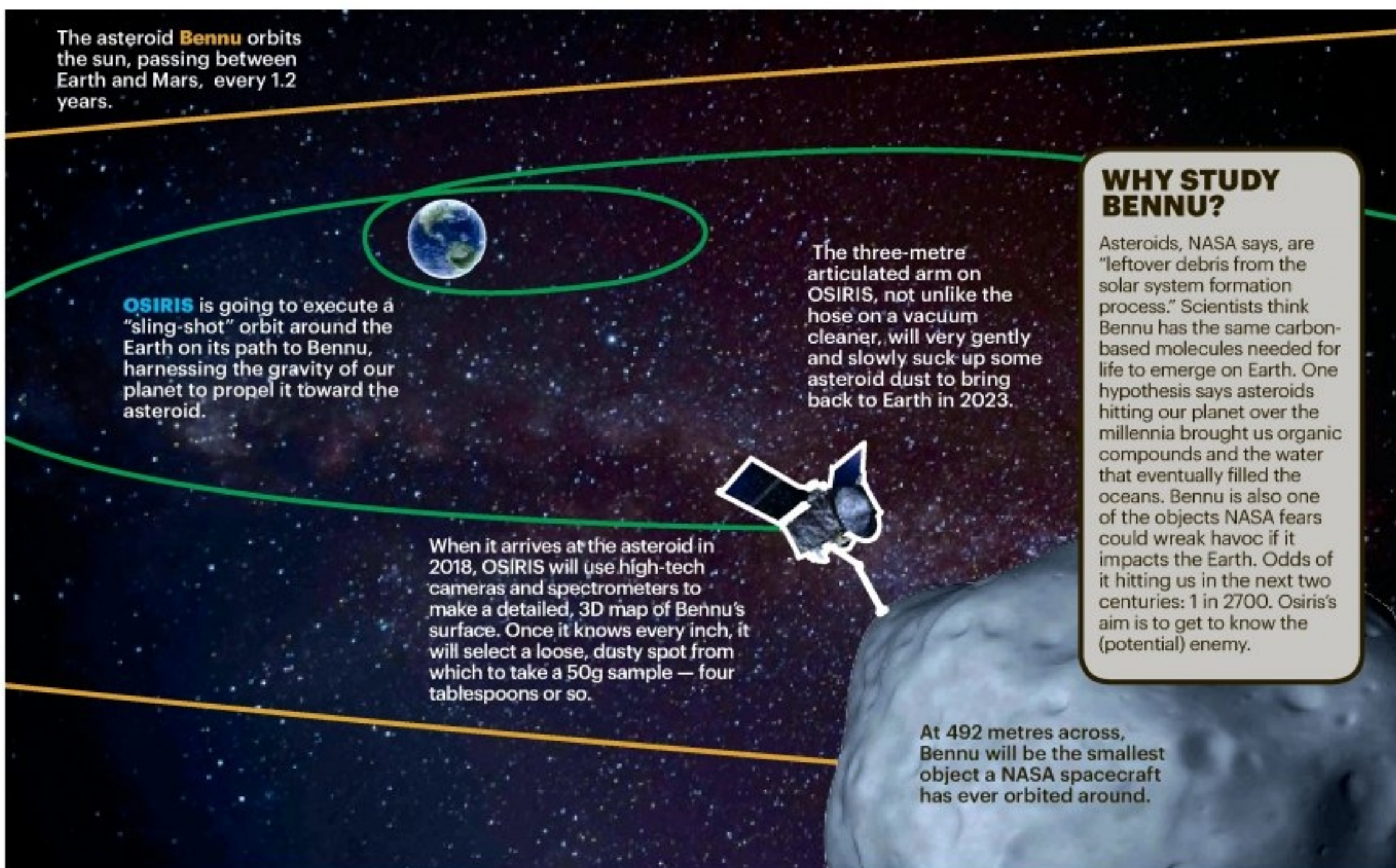
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DECODED by Genna Buck and Andrés Plana

LET'S GO CATCH AN ASTEROID

NASA's **Origins, Spectral Interpretation, Resource Identification, Security-Regolith Explorer (OSIRIS-REX)** blasted off yesterday, hurtling to the asteroid Benu. If it succeeds in its mission to bring home a piece, this will be the first asteroid sample ever collected, and the largest souvenir taken home from space since the days of the moon missions.



FINDINGS Your week in science



LIANA JOSEPH

THAT'S WILD

In the past 20 years, a tenth of the world's unspoiled wilderness has been lost, according to a new study in the journal *Current Biology*. That's equal to the size of Alaska. The Amazon and central Africa saw the most devastation.

DON'T FORGET IT

A review in the journal *Nature* of seven past studies found yes, there does seem to be a higher risk of Alzheimer's disease among people who are regularly exposed to low doses of pesticides over a long periods — especially if they handle them at work.

SOUND SMART



DEFINITION

Trepanation is punching a hole in the skull, either for a real or imagined medical reason or alleged spiritual enlightenment (do NOT try this at home!). A new study shows modern **trepanation**, craniotomy, is better than other treatments for severe, traumatic brain injury.

USE IT IN A SENTENCE

Deborah got all excited by videos of at-home **trepanation** on YouTube, but we stopped her before she could drill a hole in her head.

CITIZEN SCIENTIST by Genna Buck

Should I be freaked out by double yolks?

I got six double-yolked eggs in one carton. Why would this happen? Are they safe? It seemed like an overdose of hormones or something to me, so I threw them out just in case. — Deena, Toronto

I put your question to Frank Robinson, a professor of poultry physiology at the University of Alberta who calls himself a "chicken gynecologist." He said you have nothing to worry about, and what you found wasn't even unusual. "I've had this question a

couple of times," he said. "You get double-yolked eggs in two situations. One is when hens are really young, and two is when they're grossly overweight. The chickens that lay the eggs you buy never really get overweight."

Your eggs, Deena, were likely laid by what Robinson called "overexcited teenage chickens" with hyper-stimulated ovaries; not due to added hormones, but because that's natural at their age.

If a farmer's flock is all young chickens, nearly all the large and extra large eggs they produce

will be double-yolked. Eggs are sorted by weight. Because of the way they're processed and shipped, it's common for a dozen to all be from the same farm. Therefore it's not uncommon for all or most eggs in one carton to be doubles, Robinson explained.

Robinson said it drives him nuts when eggs are marketed as "raised without added hormones": chickens have been raised without hormones, by law, since the 1960s.

I think the lesson here is about staying skeptical (not contrarian

or obtuse, just skeptical), about the "facts" we take for granted — like the idea that chickens are raised with artificial hormones, an issue that has drawn a lot of public concern.

Hormones are used in agriculture in Canada, but not in poultry or pork production. If we decide, as a community, that's not something we want to do, we have to make that decision based on sound science, not panic.

Science Question?
Tweet @genna_buck



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The Wild Life, opening this weekend, is the latest animated film to tell a story from the point of view of animals. CONTRIBUTED

Talking animals rule the theatre

ANALYSIS

Studios try to make bank on humanizing our furry pals

Richard Crouse
For Metro Canada



Broad vocabulary, grammar and syntax are the domain of humans, but science tells us millions of species communicate by using body language and intuitive calls. Chimps can be taught to sign simple phrases and elephants have individual sounds to signify danger and

emotions, but complex storytelling is left to us humans.

Unless you're at the movies. This year, theatres have been overrun by hordes of anthropomorphic animals. From Zootopia and Nine Lives to The Secret Lives of Pets and The Jungle Book, animals have been talking up a storm.

This weekend The Wild Life becomes the latest animated film to tell a story from the point of view of wildlife. A riff on Daniel Defoe's classic tale of survival, Robinson Crusoe, the film's narrator is a bright red parrot named Mak (David Howard).

In this version, Crusoe crash lands on an island where animals rule and must work with the chatty Mak, a tapir named

MOVIE RATINGS by Richard Crouse

Sully ★★★
The Wild Life ★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

Rosie and Kiki the kingfisher to save their home from an invasion by some savage felines.

Disney has the grandest tradition of talking animals — Mickey Mouse to The Little Mermaid's Sebastian the Crab and Jiminy Cricket to name just a few — but they are not the only ones putting words into our pet's mouths.

Flushed Away comes from Aardman, the animation com-

pany behind Wallace and Gromit.

The story of an upper class pet mouse flushed down the loo by a bullying rat features great animation, an all-star British voice cast and something that all kids love — toilet humour. It swirls along at quite a clip, effortlessly mixing literate verbal and visual jokes — we glimpse a cockroach reading Kafka's Metamorphosis — with

potty humour that'll appeal to the kids.

G-Force's talking crime fighting guinea pigs come courtesy of uber-producer Jerry Bruckheimer. The voice cast includes not one, but two Oscar winners, which may be an indication that the recession has finally taken root in Hollywood.

When the best gig Penelope Cruz can get involves saying lines like "Oh, I have to save his fur again?" you know times are tight for A-listers.

Pixar's Ratatouille is an unusual cross between America's Next Top Chef and Willard. Remy (voiced by Patton Oswalt) is a sophisticated rodent with a highly developed sense of smell and a wicked sense of humour.

While his rat brothers and

sisters are happy to simply survive by scavenging through the garbage, Remy aspires to culinary greatness. Ratatouille does something no other film has been able to — not that a lot of have tried — it makes rats cute, lovable even.

On the live action front, Zookeeper, or as any Kevin James movie could be called, "Fat Guy Falling Down... A Lot," plays like Dr. Doolittle if Dr. Doolittle was a romantic comedy for kids. Luckily the animals come to the rescue. Luckily the monkey from The Hangover 2 has some of the film's best lines. Adam Sandler provides the monkey voice, but also listen for the beastly vocal work of Cher, Nick Nolte, Don Rickles and Sylvester Stallone.

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Man behind biopic weighs in on Sully

SULLY SULLENBERGER

Retired pilot relives Miracle on the Hudson on big screen

Richard Crouse

For Metro Canada



On January 15, 2009, Sully Sullenberger was an airplane captain with 42 years of experience piloting a plane on a routine run from New York's LaGuardia Airport to a stopover at Charlotte Douglas International Airport. The next day he was a worldwide hero; an instant celebrity.

Shortly after takeoff his plane was disabled by a flock of Canadian Geese who flew into the engines, knocking out the plane's navigating system. In just under four minutes Sullenberger assessed the situation and, realizing there was no time to turn back, made the decision to land the craft on the Hudson River. The risky landing was successful and all 155 passengers and crew survived with only minor injuries.



Tom Hanks portrays the former U.S. Airways captain in Clint Eastwood's latest directorial offering. HANDOUT/TORSTAR NEWS SERVICE

To this day the now-retired pilot says that when he flies "other passengers often tell me, 'I feel so much safer now that you're on the airplane with us.' I'm not quite sure why they do, but I'm just glad they do."

The Miracle on the Hudson, as the New York press dubbed it, is now the subject of Sully, a

biopic from director Clint Eastwood and star Tom Hanks.

"Watching the film, especially in the IMAX format makes you feel like you're on that flight with us," Sullenberger said, though it thankfully doesn't bring back the anxiety of the day for him.

"Enough time has passed, and I've had enough time to process

this and make it a part of me and not something that just happened to me," he said. "I don't have quite the same emotions I had during that day, that flight, but the very first time I saw this film with my family it was a very emotional experience for all of us. The second time ... I was able to take it in as more of a usual

movie-going experience and see some of the things I wasn't able to see the first time."

As for having Oscar winner Hanks portray him, Sullenberger said the two "talked in some detail about the script and the obligation (Hanks) felt to get it right because after the film was completed I would be going

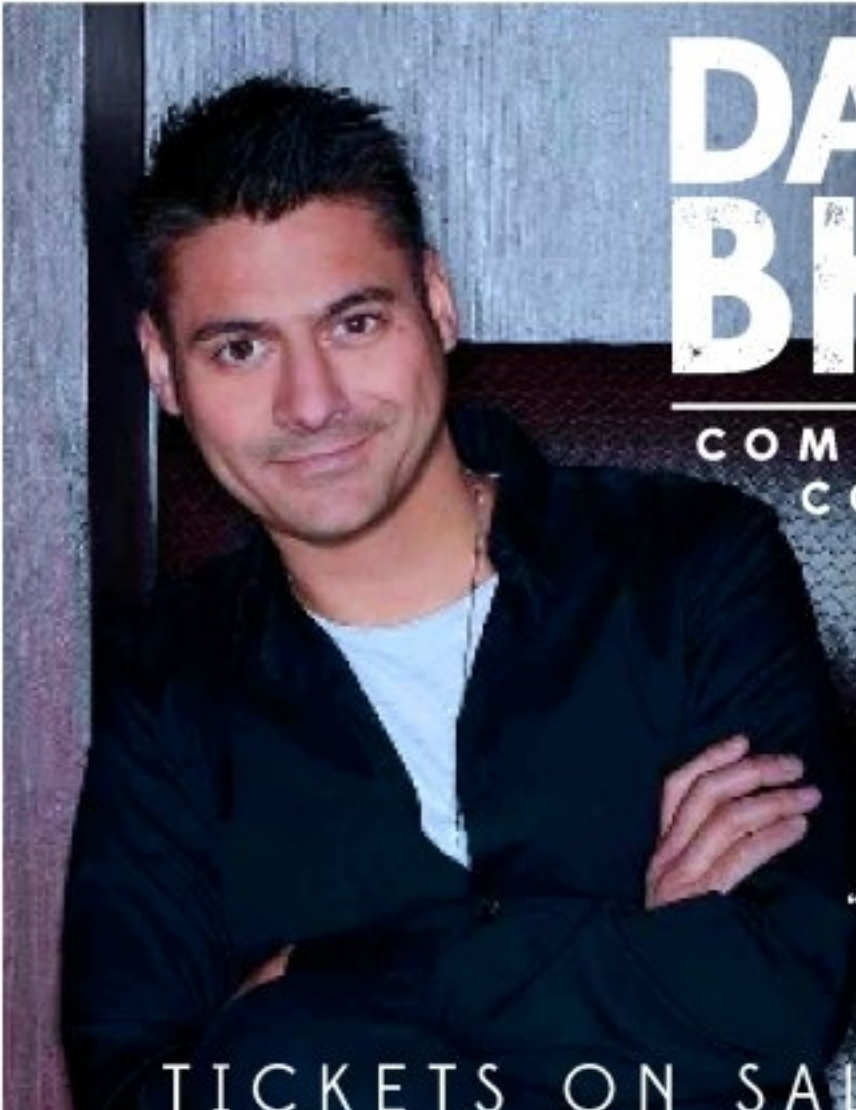
back to living my life and would have to live with however he portrayed me on screen."

Now that the movie is complete, he added that "it is a weird experience to see someone else onscreen portraying you and speaking words you actually spoke."

Sullenberger's story doesn't end with the landing. In the years since he has been named one of Time magazine's 100 Most Influential Heroes and Icons, written bestselling books and become a spokesman for St. Jude Children's Research Hospital. It's a whirlwind that changed his life forever.

"My family and I think of this story in two phases. There was the trauma of that flight itself — and then the trauma of suddenly becoming a world recognized public figure," he said. "Within a few months we had received 50,000 communications. Emails, letters, requests. The press was camped outside our house for 10 days. It was just overwhelming. It very quickly required finding a new way of living this life as public figures."

"We had to become more complete versions of ourselves to be able to do that."



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FLIGHT 1549

Investigators irked by portrayal

Losing thrust in both engines but still managing to land an airliner full of people in the Hudson River without the loss of a single life is plenty dramatic. But the drama in Sully, the movie about the Miracle on the Hudson ditching of U.S. Airways Flight 1549, doesn't stop there.

And that's a problem, say the former government accident investigators involved in the real-life investigation into the 2009 accident. The public, as well as pilots and others in the aviation industry, who see the film may get the wrong impression that investigators were trying to smear the pilot, Chesley "Sully" Sullenberger, they said.

"We're not the KGB. We're not the Gestapo," said Robert Benzon, who led the National Transportation Safety Board's investigation. "We're the guys with the white hats on."

Could the plane have made it back to LaGuardia Airport if Sullenberger, portrayed by actor Tom Hanks, had turned it around? Did the thrust in both engines quit after the plane struck a flock of geese or was there still some power in one? Was the U.S. Airways captain's performance affected by other factors?

It's true that those questions were asked, and many more, over the course of the 18-month

There is a very good chance that (viewers) will take this as proof of government incompetence.
Tom Haueter

investigation, but that's just part of NTSB's meticulous process intended to find all possible flaws that contribute to a crash, investigators said. That way the board can make safety recommendations to the government, industry, labour unions, aircraft makers and others. Thirty-five such recommendations were issued as a result of the investigation.

Investigators recalled Sullenberger and co-pilot Jeff Skiles, portrayed by actor Aaron Eckhart, as comfortable and cooperative. Pilot union officials representing them were present during all the interviews and at later public forums.

"These guys were already national heroes," said Benzon, who is now retired. "We weren't out to embarrass anybody at all."

But that's not how it comes across in the film, directed by Clint Eastwood.

"Until I read the script, I didn't know the investigative board was trying to paint the picture that he (Sullenberger) had done the wrong thing. They were kind of railroad him into 'it was his fault,'" Eastwood said in a publicity video for the Warner Bros. film.

Hanks told The Associated Press in an interview that a draft script included the names of real-life NTSB officials, but Sullenberger, an adviser on the film, requested they be taken out.

"He said, 'These are people who are not prosecutors. They are doing a very important job, and if, for editorial purposes, we want to make it more of a prosecutorial process, it ain't fair to them,'" said Hanks. "That's an easy thing to change."

Tom Haueter, who was the NTSB's head of major accident investigations at the time and is now a consultant, said he fears the movie will discourage pilots and others from fully co-operating with the board in the future.

Associated Press writer Lindsey Bahr in Los Angeles contributed to this report.

THE ASSOCIATED PRESS

Son of Spock boldly goes into the past

INTERVIEW

Adam Nimoy delves into life with the man behind the ears

Steve Gow
For Metro Canada



The son of Star Trek legend Leonard Nimoy remembers the first time he realized just how famous his father actually was.

Adam Nimoy was much younger then, and even though he also loved a new TV show called Star Trek, the son of Spock wasn't prepared for the barrage of fans that accosted the pair during a family visit to a West Los Angeles carnival.

"We were mobbed and had to leave immediately, it was really a weird scene," said Nimoy while promoting his film *For the Love of Spock*. "That was when I realized that things had changed forever — that we were no longer experiencing the same lives we'd been leading."

“This idea of being an outsider seems to be the number one reason why Spock has resonated with so many people.”

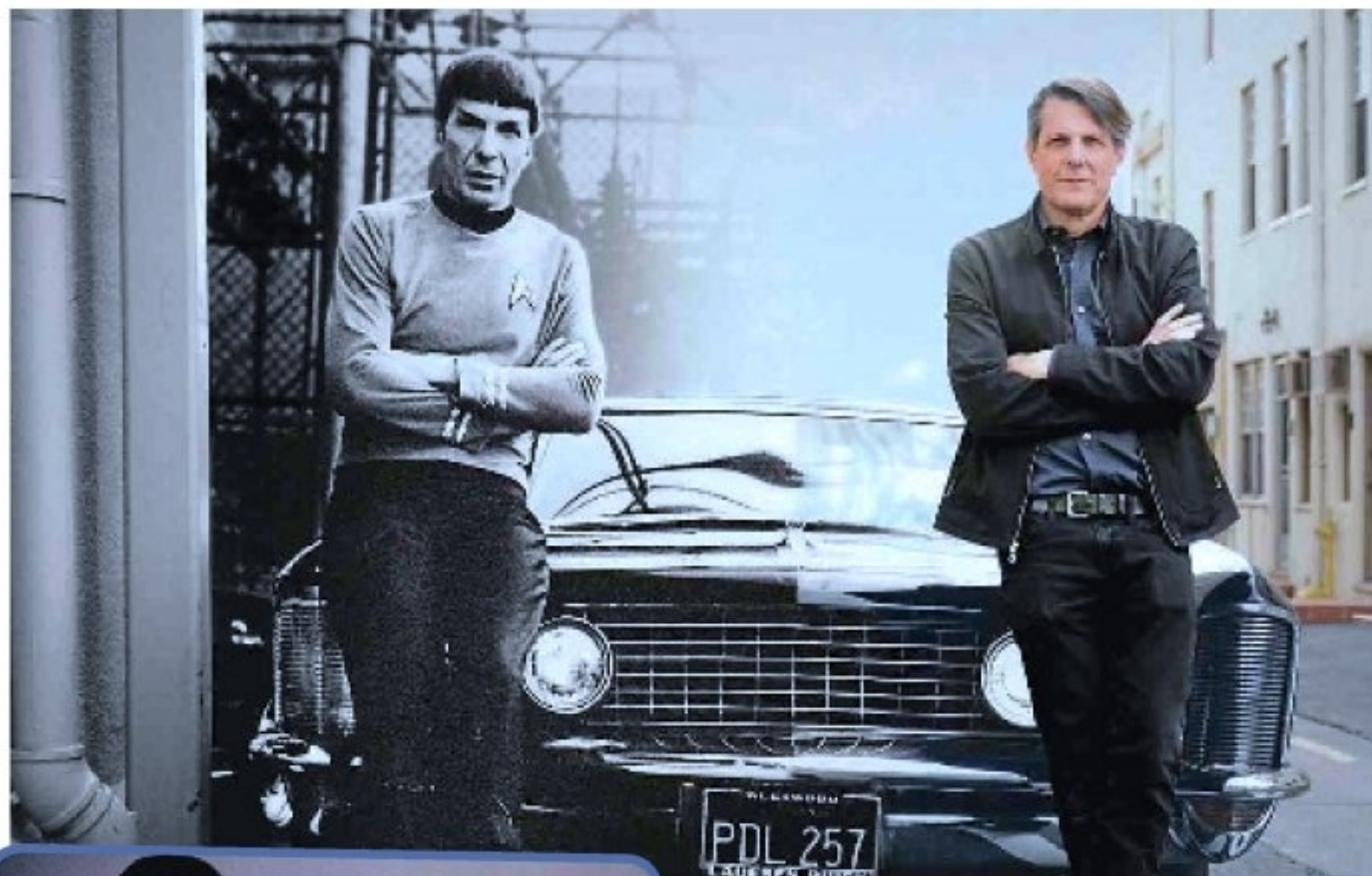
Adam Nimoy

For the actor's son, it also meant a lifelong struggle with his complex relationship to the man behind the pointy-eared Vulcan who has been part of the zeitgeist for 50 years.

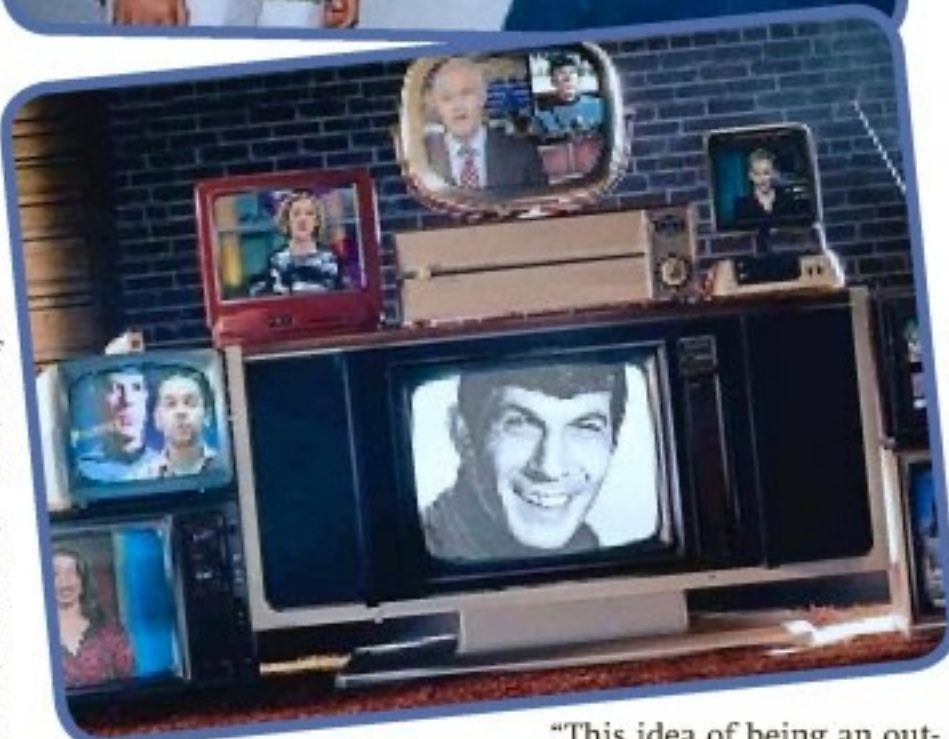
Originally envisaged as a tribute to the character of Spock, the film quickly became an exploration of the father-son relationship after Leonard Nimoy's death last year.

"He had great humility — he wanted it to be focused primarily about Spock, not on the brilliant career of Leonard Nimoy," recalled the 60-year-old filmmaker. "(But) after he died, it became clear that so many people were affected by my dad's career and who he was as a human being that we needed to include his life and legacy as well."

As such, Nimoy interviewed such series' luminaries as William Shatner and Trek revivalist J.J. Abrams to discuss their memories even as he explores his own discordant relation-



Leonard Nimoy's wild fame led to many struggles for his son Adam, with whom he had a complex relationship. CONTRIBUTED



ship with his famous father.

Still, as contentious as the Nimoy's youthful relationship was, Adam was always an admirer of Mr. Spock.

Ironically, it was this experience of fighting with fans for the affections of his own father that perhaps made him relate most to the character.

"This idea of being an outsider seems to be the number one reason why Spock has resonated with so many people," said Nimoy.

"There are a lot of great documentary filmmakers out there who could've done a great job on Mr. Spock and Leonard Nimoy but no one could've told my perspective, my particular unique story."

QUOTED

The misunderstood Leonard Nimoy

"People confused him with Mr. Spock and asked him what it was like to live on Vulcan," explained Nimoy of his dad naming his autobiography *I Am Not Spock*. "Up until the very last years of his life, he was trying to explain how he mistitled that book."

The power of Spock

"Spock is great to look at, number one. He's just so compelling and so interesting," said Nimoy of the character's resonance. "Spock was the guy who stood up and said it's cool to be an outsider."

Spock, before and after

"After my dad passed away there was this huge outpouring of emotion from everywhere," said Nimoy of the documentary's shift in focus to pay homage to the actor behind Spock. STEVE GOW/METRO

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Japanese-Canadian filmmaker Ann Marie Fleming's animated feature *Window Horses* features the voices of Sandra Oh and Ellen Page. THE CANADIAN PRESS/TIFF HANDOUT

A brighter window in the darkness

INTERVIEW

With a little help from Sandra Oh, Fleming feature illuminates Iran

Japanese-Canadian filmmaker Ann Marie Fleming was motivated by social and political unrest as she made her animated film *Window Horses*, featuring the voices of Sandra Oh, Ellen Page and Don McKellar.

Oh voices the main character, a 20-something Vancouver poet of Chinese and Persian descent whose life changes while she attends a literary festival in Iran. The film is screen-

ing at the Toronto International Film Festival, which runs Sept. 8 to 18.

"The reason why I wanted to do this film and why I moved it to Iran and why I think it's important to do now is I wanted to make a gesture of understanding, compassion and intolerance in this world of increasingly dark images and xenophobia and fear," says Fleming.

"This is not a political film in any way, but the gesture is political. I just wanted to make some lightness, to be able to see people for what we have in common and how poetry — poetry! — is actually the glue that's put us all together through all these millennia."



We recently spoke with Fleming about the film, which she wrote, directed and produced (in co-production with the National Film Board of Canada). It's slated to hit theatres in spring 2017.

What is the film about?

It's about a young woman who's invited to a poetry festival in Iran, where she finds out all these truths



This is not a political film in any way, but the gesture is political. I just wanted to make some lightness.

Ann Marie Fleming

about her father who she thought abandoned her as a small child. So it's about family history and about discovering your own voice through the voices of others.

What is the history of the film?

It started as a crowdfunding project and Sandra Oh came onboard, who I've known for a lot of years, and she loved,

loved, loved the story and she loved the animation. So she came on as executive producer and she got all of these incredible actors to come onboard.

This is a very small film, it's very low-budget and I had Don McKellar, Ellen Page, Nancy Kwan, Shohreh Aghdashloo, Navid Negahban, Omid Abtahi. All of these people who all came because of Sandra. I'm just so lucky.

How much did you expedite the process on this movie, then?

Because you said you wanted to bring this about now because of what's happening in Iran.

I've been trying to tell this story, this particular story, for many, many years and it was always the wrong time. I was having the hardest time to get funding. Like why would anybody fund a film about poetry in Iran, right?

And I just thought things are so negative now that I just had to take it into my own hands and that's why I started the Indiegogo campaign and that's why I got Sandra involved, because I knew that I needed to have a megaphone. I needed her stature, I needed her talent, I needed her world to come in and say: 'Yes, this is an important story to tell now.'

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Equality a struggle in Hollywood: Study

DIVERSITY

Report finds women, LGBT, minorities still largely left out

Despite widespread attention over diversity in the movie business, a new study finds that little is changing in Hollywood for women, minorities, LGBT people and others who continue to find themselves on the outside of an industry where researchers say inequality is "the norm."

A report to be released Wednesday by the Media, Diversity and Social Change Initiative at the University of Southern California's Annenberg School for Communication and Journalism offers a stark portrait of Hollywood's feeble to nonexistent progress in eradicating what researchers call "pervasive and systematic" problems in inclusiveness in front of and behind the camera.

Since 2007, USC has analyzed the demographic makeup of the actors, directors, writers and more from each year's 100 most popular films. Its latest addition adds data from 2015, but finds little change.

For example, 31.4 per cent of speaking characters in the analyzed films were female in 2015 — roughly the same number as in 2007. That's a ratio of 2.2 men for every single woman.

Characters identified as lesbian, gay or transgender accounted for less than 1 per cent of all speaking parts, or 32 out of 4,370 characters studied. That was a slight increase from 19 portrayals in 2014. After finding zero transgender characters in 2014, researchers could pinpoint one in 2015.

From 2007 to 2015, the study finds no significant change in the percentage of black (12.2 per cent), Latino (5.3 per cent) or Asian (3.9 per cent) characters in the most popular films.

Off screen, of the 107 direc-

tors of 2015 films, four were black or African American and six were Asian or Asian American. Just eight were women, still the most since 2008.

"We're seeing entrenched inequality," said Stacy L. Smith, a USC professor and the study's lead author.

"Whether we're studying gender, race, ethnicity, LGBT or characters with disabilities, we're really seeing exclusionary forces leaving out anybody that's not a straight, white, able-bodied man. Despite all the chatter and all the activism and all the press attention, it's another year where the status quo has been maintained."

USC researchers stressed that the study's results didn't just offer a portrait of inequality, but captured the invisibility of many from American popular cinema. Hollywood, the study concludes, is "an epicenter of cultural inequality."

Issues of exclusion and gender gaps have gained more attention in recent years following two straight seasons of all-white acting nominees at the Oscars and leaked studio emails from Sony Pictures that suggested evidence of disparity in salaries between male and female stars.

The fallout has led the Academy of Motion Picture Arts and Sciences to diversity its membership. Some have individually taken action; TV producer Ryan Murphy in February launched a foundation to diversify the directors of his shows. Last month, even Michelle Obama spoke of the importance "for the world to see different images of each other."

But the USC researchers say not enough is being done by the upper echelons of the movie industry. Earlier this year, the researchers scored 10 major media companies on their diversity record across mediums. None passed.

"We've seen a lot of talk and little action," said Smith. "What we need now is for companies to take the same leadership position, be transparent in their inclusion goals and be accountable to representing the actual world we live in when it comes to the demography of the U.S."

Many of last year's most profitable movies, however, boasted diverse casts. The appeal of the Fast and Furious franchise, which released its seventh installment in 2015, has long been based on both high-octane races and a much varied cast. The year's top film, Star Wars: The Force Awakens, ushered in more diverse characters to George Lucas' galaxy. Female empowerment was also a big seller for Mad Max: Fury Road, The Hunger Games: Mockingjay Part 2 and Pitch Perfect 2.

As a result, female lead or co-leads improved by 11 per cent from 2014 to 2015, one of the rare signs of improved inclusivity in the study. But even such bright spots revealed other areas still wanting. There were still just three films featuring a female lead or co-lead from an underrepresented racial or ethnic group, and there wasn't one leading part for an Asian, man or woman.

"When we really drill down

in the numbers, we see a perpetuation of the same groups getting access to the most visible roles, whether that's in the director's chair or on screen, and that continues to be the problem plaguing Hollywood's hiring practices," said Smith.

Issues over the type of representation also still remain. Though LGBT characters increased in 2015, only two were depicted as parents.

THE ASSOCIATED PRESS



The Fast and Furious franchise's appeal is based on both high-octane races and a much varied cast. THE ASSOCIATED PRESS



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IN CANADA

Telefilm Canada has vowed to reflect more diversity on screen in the next four years. On Thursday, the Crown corporation announced a goal to build, by 2020, "a more representative and diversified feature film portfolio that better reflects gender, diversity and Canada's indigenous communities." The plan includes focusing on how to enhance existing diversity initiatives.

THE CANADIAN PRESS

¹ Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions.

² Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan Visa Infinite Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make \$1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. © The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. © The Aeroplan logo and Aeroplan are registered trade-marks of Airmia Canada Inc. © The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Kendall, Kylie channel that Yeezy style swagger

INTERVIEW

Sisters say they're more confident at NY Fashion Week

It was quite the family fashion day for Kendall and Kylie Jenner, who came straight from brother-in-law Kanye West's Yeezy show on Roosevelt Island off Manhattan on Wednesday to their own party celebrating their fashion label, KENDALL + KYLIE.

The fashionista sisters (and reality TV stars) said they were gradually becoming more confident designers with each new collection.

"I think that every season we get more and more comfortable," said Kendall, 20, who as a model is a frequent presence on top-designer runways at Fashion Week. "It's super-awesome. The line grows with us."

Added Kylie, 19, also expected to be hitting the runway this week: "We've learned how to work with each other better. I mean, everything down to certain fabrics and patterns. We definitely learned a lot."

The sisters said they've benefited from appearing as models for designers they admire.

"I think it's cool to be able to see both sides," Kendall said.

"I get to see the designers that I work with who are obviously on a much higher level than our brand at the



From left, Kendall Jenner, Kim Kardashian and Kylie Jenner attend the Kanye West Yeezy Season 4 fashion show earlier this week in New York City. GETTY IMAGES

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“

I love watching his stuff. He's a genius...

Kylie Jenner on Kanye West

moment.

"It's cool to see their process and what they have to go through behind the scenes, because it's kind of a goal to set and somewhere that I would like to be one day."

At the party, in the multi-tiered, technology-heavy Samsung 837 venue in downtown Manhattan, guests sipped cocktails and munched on hors d'oeuvres as they examined the new collection — heavy on leather, both black and white.

Spray-paint artist Malcom Stuart was on hand to decorate T-shirts with his own custom emojis; One could also get a leather backpack monogrammed on the spot.

Many in the crowd had just spent the afternoon in the hot sun at West's marathon, al fresco Yeezy show for Adidas (see page 30 in Metro Life). The Jenner sisters were full of praise.

"It was so awesome," said Kylie.

"I love watching his stuff. He's a genius and just seeing his work come to life, it's really cool." THE ASSOCIATED PRESS

COLUMN

Go on, wear white after Labour Day, you fashion rebel

Lauren Pelley
Torstar News Service

On Tuesday morning, the day after Labour Day, I rifled through my drawers for something cool to wear in the stifling September heat. I settled on white jeans.

Makes sense, doesn't it? The nearly 30 degree temperatures this week in Toronto have been

overwhelming. And from a calendar perspective, the seasons don't change until after the Fall Equinox on Sept. 22. But, as I slid on my snow-white denim, I heard an unidentifiable woman's voice in my head screech "Don't wear white after Labour Day!"

Wearing white after this arbitrary date seems, then, a mild but delightful act of rebellion. A middle finger to social norms, a casting aside of a time-honoured

tradition — and an acknowledgment that this no-white custom is silly and classist in the first place.

In early 1900s America, the summer season ended with Labour Day, according to the etiquette experts of the Emily Post Institute. "Society flocked en masse" from their city homes to seaside cottages or mountain cabins, and swapped formal attire for lighter, white summer outfits. When summer ended,

the wardrobes were swapped yet again. "It was an age when there was a dress code for practically every occasion, and the signal to mark the change between summer resort clothes and clothing worn for the rest of the year was encapsulated in the dictum 'No white after Labor (sic) Day,'" reads an advice page on the Institute's website.

It's just one of many fashion "rules" slowly fading away. Mod-

ern stylists and fashion writers talk about ways to wear brown and black together, or navy and black, or whatever other colours have long been deemed taboo.

Still, you may hear someone scoff at your white jeans in September, citing that century-old Labour Day dictum, and not realizing where it comes from.

To that, I say: Rules — particularly the dumb ones — are made to be broken.



This model at New York Fashion Week rocks white after Labour Day. GETTY IMAGES

'Skin and beads' dress up for sale



SOME LIKE IT HOT

Steve Smith, JFK's brother-in-law, puts his arm around Marilyn Monroe, wearing the infamous flesh-coloured dress during a reception following her breathy Happy Birthday Mr. President performance at Madison Square Gardens in New York City on May 19, 1962.

BARELY THERE

The sultry actress wore the barely-there dress at Kennedy's 45th birthday celebration. Made of silk gauze and covered in thousands of rhinestone beads and sequins, the Jean Louis dress was so form-fitting that Monroe had to be sewn into it. "She called it skin and beads," said Darren Julien, president of Julien's Auctions.

THE 17-YEAR ITCH

The dress was first purchased 17 years ago at Christie's auction by the late financier Martin Zweig, who kept it in a climate-controlled display case at his Pierre Hotel penthouse in New York. It is being sold by his estate. Julien's Auctions will offer the dress for auction at a sale in Los Angeles on Nov. 17. The auction house believes the gown could fetch \$2-\$3 million.



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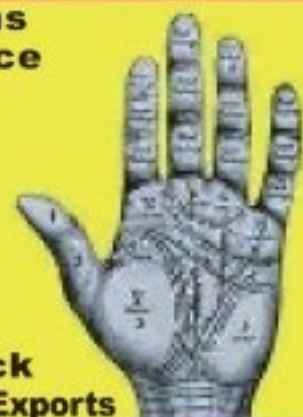
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Kanye West show a literal hot mess



Anna Wintour, centre, braves the heat on Roosevelt Island to take in Kanye West's fashion show. GETTY IMAGES

NY FASHION WEEK

Crowd sweats as rapper unveils Yeezy Season 4

In sweltering heat, set to a slow, morose soundtrack, Kanye West debuted the fourth season of his Yeezy collection for Adidas at a park memorializing Franklin D. Roosevelt's famous four freedoms: of speech and worship, from want and fear.

Helping to kick off New York Fashion Week, West lured the fashion crowd, along with wife Kim Kardashian and two of her famous sisters, Kendall and Kylie Jenner, to Roosevelt Island just off Manhattan on Wednesday.

There, "multicultural" models, per his criticized casting call over the long holiday weekend, stood under a blazing sun as they greeted sweaty guests in beige and black leotards, bodysuits and other clingy, revealing foundation garments. Some were thonged. Some were two pieced and under-boobed. Some were non-distinct.

The invited sought refuge under the few trees available once the hour-long show finally began at Franklin D. Roosevelt Four Freedoms Park, featuring white monuments to his 1941 "four freedoms" state of the union address and anchored by a triangular grassy knoll used by the rapper.

A handful of more than 100 models hired for the marathon afternoon (as opposed to fashion shows that usually take 10 minutes or so) just plain sat down in the grass where they stood barefoot, felled by sizzling temperatures and walking once or twice to a box of bottled water set up at the front just for them.

Music by performance artist Vanessa Beecroft heralded more models who actually walked, on

a white runway that rimmed the knoll in thigh-high boots, including one poor soul whose stiletto-heeled pair weren't strong enough to hold her, forcing a sad wobble in her step.

The clothes the walkers wore were simple, loose fleece hooded looks and fall zip coats, leaving one to wonder whether the anticipated Yeezy Season 4 was worth risking dehydration and time suck at the start of a busy week for the fashion industry.

Certainly the models were happy for the hype job and relieved to hightail it out of the sun at the same time. Among West's walkers was a fierce-looking Teyana Taylor, the star of his new Fade video. Among his other celeb guests: Pharrell, Spike Jonze and Tyga.

THE ASSOCIATED PRESS

The clothes the walkers wore were simple, loose fleece hooded looks and fall zip coats, leaving one to wonder whether the anticipated Yeezy Season 4 was worth risking dehydration and time suck...

GOSSIP

Drake gets his bling back

Hotline Bling rapper Drake saw the safe return of millions of dollars' worth of actual bling stolen from his tour bus in Arizona.

Phoenix police recovered a reported \$3 million worth of jewelry that was taken from a tour bus being used by the musician and DJ Future the Prince while they were performing Tuesday.

Travion King, 21, was booked into Maricopa County Jail on a burglary charge.

Police say they identified King as the suspect through surveillance footage at Talking Stick Resort Arena in downtown Phoenix.

They then learned that he was already in jail after being arrested for trespassing Wednesday morning by campus police at Arizona State University in nearby Tempe.

The stolen jewelry was subsequently found.

Sgt. Vince Lewis says the suspect has done contract work in the past with local venues including the arena.

The theft was reported after a Tuesday night concert. According to police, the suspect had removed a briefcase containing the jewelry within a 15-minute window.

Lewis did not say who owned the jewelry, but confirmed it did not belong to Drake.



Drake had over \$3 million worth of jewelry stolen from his tour bus in Arizona this week. CHARLES SYKES/INVISION/AP FILE

Representatives for Drake did not immediately respond to requests for comment Wednesday. A representative for Future the Prince declined comment on the theft case.

Drake has been co-headlining his Summer Sixteen concert tour with fellow rapper Future. Future the Prince is Drake's official DJ. The tour, which began in

mid-July, includes stops all over the U.S. and in Drake's home country of Canada.

One of the most recognizable rappers for hits such as Hotline Bling and albums such as Nothing Was the Same. His latest album, Views, was released last spring.

Future the Prince is also a producer who has worked on records for several musicians including Adele.

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Firearm-friendly fashion finds its demo

U.S. GUN CULTURE

Entrepreneurs cater to female form, function

For decades, women have had few choices when it comes to the clothing they can wear to hide that they're carrying a firearm. They could wear baggy T-shirts or coats, or put it in a purse and hope it didn't get swiped or that they didn't have trouble getting it out in an emergency.

Enter holsters, corsets, camisoles and other clothing designed to be flattering, feminine — and functional — for the pistol-packing mama crowd in the U.S.

"I don't want to dress in tactical gear and camo all the time.

I love tactical clothing for the range. It's comfortable. I don't want to ruin my everyday clothing," said Marilyn Smolenski, who in 2012 created Nickel and Lace, a company that caters to women who want to carry a firearm concealed but don't want to trade in their femininity. "But I don't want to wear it to the grocery store."

Smolenski started her company right around the time Chicago city laws changed and she could again legally carry a firearm. She struggled to find something that didn't make her look frumpy and didn't broadcast that she was packing heat. Most of the clothing was geared to men.

"When you put a man's holster on a woman's body it sticks out. It doesn't hug the body," said Carrie Lightfoot, founder

and owner of The Well Armed Woman in Scottsdale, Arizona, which does everything from providing firearms instruction to women to selling a variety of concealed carry clothing.

Lightfoot and Smolenski said that some manufacturers tended to "shrink it and pink it" — thinking that taking gear produced for men and making it smaller and brightly colored would satisfy female customers. They and their counterparts emphasize they are driven first by function and safety before esthetics come into the equation.

"Women need to know they can carry effectively," Lightfoot said. "I think the key is finding a way to carry it so you can be comfortable and move through your day without being poked and having a big hunk of metal

in your pants and not be able to sit at work."

Both are advocates for providing women with information and guidance on ways to feel secure and be safe. For Smolenski, that goal has led to the creation of the annual Firearms and Fashion Show which includes seminars on personal safety. Her company actually got its start with a line of jewelry — from necklaces that can be pulled away easily and then used as a weapon to "chopsticks" that can both be used to hold up hair and then be wielded against an attacker.

For Anna Taylor, the founder and CEO of Dene Adams LLC, the road to creating a line of concealed carry clothing began around the time she became a single mom and the safety of the family rested on her shoulders.

When she got her first concealed carry permit in 2013, she went through seven different holsters.

"Some were hard and uncomfortable. Some of them I'd have to take off and set down when I went to the bathroom and I was afraid I would go off and leave it just like I've left my phone behind before," Adams said.

Her first design involved a mousepad and a post-partum corset to create a soft holster. With her last \$200, she found a manufacturer willing to do a small run. Flash forward three years and she now has products on shelves at nearly 100 dealers around the country. She has expanded into safety and training and is now an NRA pistol and rifle instructor. She even has a few men who buy her products.

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Anna Taylor's company makes clothing geared to firearm-carrying women.

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DAILY WARM UP

Edmonton metroLIFE



BRITISH COLUMBIA

Charming, quaint, Gibsons also a magnet for art lovers

Howe Sound is glass-still on the voyage from Gibsons Landing to Keats Island, save for the odd motorboat wake jostling the kayak.

The peace is also broken momentarily as a seal bursts out of the water, letting out a hearty snort before it dives back beneath the surface.

Gibsons is a quaint and colourful town at the southern end of British Columbia's Sunshine Coast, a 180-kilometre stretch of picturesque oceanside communities and jagged coastline along the Strait of Georgia.

Many visitors to Gibsons get a kick out of the numerous nods to the long-running Canadian sitcom *The Beachcombers*, which was filmed in the town and ran from 1972 to 1990.

The *Persephone*, the tug piloted in the show by log salvager Nick Adonidas (played by Bruno Gerussi), sits on a prominent street corner in the centre of town, right by Molly's Reach, the cafe where much of the action took place.

"Someone gets their picture taken every day in front of Molly's Reach," says bed-and-breakfast owner Celia Robben, who heads up Sunshine Coast Tourism.

"To a specific demographic, it's definitely a draw... If you're under 30, you don't have a clue."

Most visitors arrive at the Sunshine Coast via ferry from Vancouver's Horseshoe Bay. The northern part of the Sunshine Coast can also be accessed by ferry from Comox, on Vancouver Island.

Robben estimates up to half a million visitors come to the region every year, though the summer is by far the busiest time. The permanent population is only about a tenth of that.

"We're very much a cottage country for Vancouver and the Lower Mainland," she says.

Robben and her husband moved to Gibsons about a decade ago from Houston to open their B&B, *Arcturus Retreats*. She recalls making the decision while on a ski vacation in Whistler.

"As we were driving up the Sea-to-Sky (Highway), we were looking over at the Sunshine

Good day, Sunshine



Gibsons is located on the southern end of B.C.'s Sunshine Coast, and gets half a million visitors a year. ISTOCK



We're very much a cottage country for Vancouver and the Lower Mainland

Celia Robben, bed and breakfast owner

Coast, seeing our future home at a distance," she says. That was in February.

"By July, we were house-hunting."

Outdoor activities are a big draw, says Robben. In a climate where temperatures rarely dip below 0 C, kayaking, mountain biking and hiking can be done year-round.

In the winter, there's also cross-country skiing and snowshoeing on Dakota Ridge - a quiet alternative to packed resorts elsewhere on the West Coast.

"You can come over here and be on the trails on your own," says Robben. For hikers



While millennials will probably not get the reference, Molly's Reach is a popular photo opp for tourists who remember the CBC show *Beachcombers*, which ran from 1972 to 1990.

ISTOCK; INSET HANDOUT

on the Sunshine Coast Trail, warming huts are also available throughout the winter.

In Gibsons, there's a steep

but short hike up Soames Hill that ends with stunning views of the town, Howe Sound and the surrounding mountains.

to the north, with trails of varying lengths and scenic views of waterfalls.

Even farther up the coast is Skookumchuck Narrows Provincial Park, where hikers, if they time it right, can see powerful tidal rapids in action.

The Sunshine Coast is also a magnet for art lovers, Robben says, with painters, potters, jewelry makers and glass blowers setting up shop in the region.

A purple banner outside an artists' studio signifies that the public is welcome to pop in. An "art crawl" is set for Oct. 21-23 along the Sunshine Coast Highway. Last year's event included 125 venues.

The region's tourism website boasts that the area is "home to the highest per capita population of artists and crafters in Canada."

THE CANADIAN PRESS



A gem for locals is Cliff Gilker Park, in Roberts Creek



At the Blue Arrow Records in the Waterloo Arts District in Cleveland, I was stepping on music history, going through an array of influential music. EMANUELA CAMPANELLA/TORSTAR NEWS SERVICE

OHIO

Former Rust Belt city has bounced back

Emanuela Campanella
For Torstar News Service

Walking down the streets of the Waterloo Arts District, I stumbled upon an indie record shop called Blue Arrow Records. I felt like I was walking on music history, with floors covered in old record posters. Dracula's greatest hits were underneath my right foot and nearby was Elvis Presley looking oh so handsome.

At that moment, I realized, Cleveland is a special place.

"What's there to do in Cleveland?" my family had asked me.

Well, it's a little jewel that Canadians tend to bypass for cities like New York and Chicago.

One corner of the Waterloo Arts District looked like a revitalized junk yard, sprinkled with what looks like Christmas lights and sculptures. This is Cleveland now — revitalized through arts.

Like Pittsburgh or Detroit, Cleveland was part of the Rust Belt. It lost a lot of people when the manufacturing industry collapsed.

Thanks to tax credits, low property cost and a huge investment into the arts, Cleveland's population has now



Mike Kaplan, owner of the Glass Bubble Project in Cleveland shows visitors the first steps in how glass is blown. ISTOCK

bounced back.

What's nice about traveling here is that you can feel the passion, the raw sense of creativity and the resilience of artists.

The city is home to 78th Street Studios, 170,000 square feet of art galleries, artist studios, performance spaces and music recording studios. Every third Friday of the month, the "eclectic art maze," originally home to the Baker Electric Motor Vehicle Co., opens for a night of visual exhibits.

You will see metal track doors and old freight elevators where the cars were once taken down to the loading docks for distribution. Now the place is roaming with

creative types who've put their love and sweat into their paintings, photographs and sculptures.

Besides the burgeoning arts movement, Cleveland has a long history with music. At the Rock & Roll Hall of Fame, you literally go through the majestic evolution of music.

There's Michael Jackson's sparkly glove, Janis Joplin's psychedelic Porsche and scribbled lyrics from the Beatles.

With the world's largest collection of rock artifacts, the Hall of Fame reminds you that music lives strong, no matter what political unrest or turmoil is happening across the globe.

On a smaller scale, the Happy Dog at Euclid Tavern is an ultra retro bar that has become an institution and a true Cleveland treasure for live music. I sank my teeth into a gourmet hot dog topped with Froot Loops during the kitsch "Polka Happy Hour." Only here will you get an intimate show by Cleveland Orchestra musicians.

If you're feeling fancy, go to Severance Hall to catch the Cleveland Orchestra. There's something chilling about hearing 100 members of the orchestra perform together for a full-on classical experience.

Tenacity meets style in a town where you can browse modern art inside a turn-of-the-century car factory, hear the orchestra perform live inside the local hot dog joint and chow down on pierogis at the legendary Beachland Ballroom concert venue.

While admiring the intricate red and yellow hues from hand blown glass at the Glass Bubble Project in the Ohio City neighbourhood, I was told by owner and artist Mike Kaplan that once you catch the art "bug," in Cleveland, it's hard to leave.

Emanuela Campanella was hosted by Destination Cleveland, which didn't review or approve this story.

GROWING
Cleveland's population has increased by 79 per cent since 2000, according to Downtown Cleveland Alliance



URBAN RENEWAL

Growing grapes, saving lives in Cleveland's east side

Rows of red and white grapes climb trellises surrounded by a crumbling brick building, an empty corner store and graffiti-covered apartments.

The man who planted the vineyard says his plan for the lot once occupied by a crack house goes far beyond bottling wine. Mansfield Frazier wants to show there's still hope for the neighbourhood and for those trying to move away from a life of crime, just like he did years ago.

Too often, neither one is given much of chance — at least not on the city's east side where the collapse of the manufacturing economy, poverty and racial inequality came together, leaving behind some of the nation's bleakest areas. Home to oil tycoon John D. Rockefeller and other wealthy industrialists during the early 1900s, the mansions along "Millionaire's Row" have given way to desolate neighbourhoods where every fifth house is vacant, over half the children live in poverty and crime is a constant worry.

"There's a pipeline from cradle to prison in too many homes in our community," said Frazier, 73, a former hustler whose dealings with stolen and counterfeit credit cards kept him in and out of prison until two decades ago.

The idea of growing grapes started out six years ago, Frazier said, as a way to spruce up the weed-infested corner across from his home and take a stand for the community. THE ASSOCIATED PRESS



Ex-hustler Mansfield Frazier checks his grapes.

TONY DEJAK/THE ASSOCIATED PRESS

Allen Iverson arrived about 90 minutes late for the pre-induction news conference at the Naismith Memorial Hall of Fame on Thursday

The Jays' hunt for October

The Blue Jays are hoping a return to Rogers Centre will help them bounce back after a three-game sweep in New York knocked Toronto out of first place in the American League East. The division race is the tightest in Major League Baseball with Toronto, Baltimore and New York all within striking distance of first-place Boston. Here's a look at five things to watch as the Blue Jays make their playoff push.

1 Big guns

The Blue Jays have lined up their best starters for a key three-game series with the Boston Red Sox this weekend. Marco Estrada (8-7, 3.56 ERA) gets the nod in Friday night's opener. Left-hander J.A. Happ (17-4, 3.34) will start Saturday and Aaron Sanchez (13-2, 2.92) is on tap Sunday. Toronto — holder of the first AL wild card spot — enters the series in second place in the East, one game behind the Red Sox.

2 Missed opportunities

Toronto had trouble cashing in runners earlier this week in New York. Improvement will be needed this weekend against Boston, a team with arguably the best offence in the major leagues. The Blue Jays cashed in only six of 28 runners in scoring position during the three-game series in the Bronx.



5 Spoiled September

The 2015 edition of the Blue Jays had a 51-51 record in late July before going 42-18 en route to their first division title since 1993. Former ace David Price left Toronto for Boston as a free agent, stinging many Toronto fans. He'll likely be on the mound in that season-ending series between the Red Sox and Jays.



THE CANADIAN PRESS
PHOTOS BY GETTY IMAGES

3 September schedule

With the exception of a seven-game West Coast road trip, Toronto will only play East division opponents the rest of the way. The Jays will end the regular season with a three-game set at Fenway Park against the Red Sox. Boston will play all 23 of its remaining games against East opponents while Baltimore will play 17 of its 23 games against division rivals.



4 Numbers game

It took 93 wins for the Blue Jays to win the East last year and a number close to that will likely be needed to claim the division title this season. To get to 93 victories, the Blue Jays (77-62) would need to close out the campaign on a 16-7 run. However, it's possible that 90 wins could be enough since there are so many intradivision matchups on the schedule.

IN BRIEF

McDavid captains North America to exhibition win
Edmonton Oilers forward Connor McDavid was named Team North America's captain for the World Cup of Hockey on Thursday ahead of its first pre-tournament game.

Philadelphia Flyers forward Sean Couturier and Florida Panthers defenceman Aaron Ekblad were named alternate captains.

North America went on to beat Europe 4-0 in Quebec City, getting a pair of goals from Nathan MacKinnon. Matt Murray made 23 saves in the victory. THE CANADIAN PRESS

Lochte forced to forfeit Olympic prize money

Ryan Lochte will forfeit \$100,000 and a chance to swim at next year's world championships as part of the penalty for his drunken encounter at a gas station in Brazil during last month's Olympics.

Lochte will also get no monthly funding from either the U.S. Olympic Committee or USA Swimming, and must perform 20 hours of community service.

THE ASSOCIATED PRESS

Canadian women top Britain in wheelchair hoops opener

Canada's women's wheelchair basketball team opened the Rio Paralympics with a 43-36 victory over Britain on Thursday.

Janet McLachlan, a 39-year-old from North Vancouver, B.C., scored 21 points and grabbed 22 rebounds to lead a Canadian team looking to bounce back from a sixth-place finish four years ago in London.

THE CANADIAN PRESS



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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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1	5	9	2	4	8	7	3	6
2	6	8	3	5	7	4	1	9
9	3	7	8	1	5	6	4	2
6	8	1	7	2	4	3	9	5
4	2	5	9	3	6	1	8	7
3	7	2	5	8	1	9	6	4
8	1	4	6	9	2	5	7	3
5	9	6	4	7	3	8	2	1

metro OBITUARIES

Metro is now publishing Obituary notices

To place a notice, go to obits.metronews.ca



NFL BRONCOS EDGE PANTHERS IN DRAMATIC SUPER BOWL REMATCH Denver Broncos wide receiver Demaryius Thomas, left, is thrown down by Carolina Panthers cornerback James Bradberry during the first half of an NFL football game on Thursday. The Broncos won 21-20 after the Panthers missed a last-minute field goal. THE ASSOCIATED PRESS/JACK DEMPSEY

Norman quiet ahead of clash with Brown

NFL SEASON OPENER

Trash-talking Redskin has a lot of respect for Steelers WR

The fast-talking cornerback that never met a wide receiver he didn't like to mess with is taking a decidedly different approach when it comes to Antonio Brown.

No shade. No sarcasm. No passive-aggressive taunting from Josh Norman heading into Washington's opener against the Pittsburgh Steelers. Goaded Odell Beckham is one thing. Doing the same with a player who is treating his club's record book like a dry erase board is something else entirely.

"Now coming in and just watching him and what he's able to do, it's just freakish," Norman said. "When you look at a wide receiver in the NFL,



Antonio Brown, right, and Josh Norman. GETTY IMAGES

you don't have to stop nowhere other than Antonio Brown. It starts and it ends with him."

With an emphasis — the Redskins hope — on "end."

The offence that takes the field on Monday night won't exactly look like the one the Steelers envisioned heading into 2016. Running back Le'Veon Bell will spend the first three weeks serving a suspension for violat-



ing the league's substance abuse policy.

Wide receiver Martavis Bryant is sitting out the entire season because of drug issues of his own. Tight end Ladarius Green — signed to fill the void left by Heath Miller's retirement — is on the physically unable to perform list and it's anybody's guess on when he'll return.

Their absence makes Brown that much more valuable

while simultaneously making the Steelers that much more vulnerable if Washington finds a way to neutralize him.

While the Redskins are keeping mum on whether Norman's No. 24 will shadow Brown no matter where he lines up in offensive co-ordinator Todd Haley's imaginative scheme, Brown insists he doesn't care one way or the other.

Asked Thursday if he expects Norman to follow him, Brown joked "I think a lot of people follow me on Twitter, Snapchat, Instagram."

Keeping one of the NFL's best in check would make for an audacious first impression. Maybe that's why for once Norman isn't trying to make his words speak as loudly as his actions.

"I have nothing, but respect for that guy," Norman said..



Go to metronews.ca for coverage of Week 1.

WORLD CUP OF HOCKEY

Canada welcomes agitator's grit, goals

Stocked with No. 1 draft picks, Hart, Norris and Vezina Trophy winners, Team Canada has no one else quite like the five-foot-nine feisty ball of energy that is Brad Marchand.

Few in hockey, for that matter, are quite like him.

"Small, slow and ugly?" Tyler Seguin, a former Boston Bruins teammate, said with a chuckle. "No, there's not many Brad Marchands out there." Seguin affectionately refers to him as "the rat" but as he points out, the 28-year-old has evolved into something much more than just an agitator. "He's very good at what he does," Seguin said this week at Canada's camp in preparation for the World Cup of Hockey.

"Especially the last few years he's found the right line between getting under other players' skin, but also being disciplined. I think he was trying to figure that out his first year that I was playing with him. And he's really found it now." A Halifax native, Mar-



Brad Marchand
GETTY IMAGES

chand scored a career-high 37 goals last season, fifth-best in the NHL, right alongside more heralded scorers like Steven Stamkos, Jamie Benn and Corey Perry.

That production, combined with a still feisty brand — he ranked 19th in minor penalties last year despite Seguin's assertions — was enough to earn him a spot with Canada, edging Taylor Hall, a former No. 1 overall pick.

Marchand teared up when Doug Armstrong, Canada's GM, called to tell him he'd made the World Cup squad this summer.

"It was a dream come true and such a big honour," he said. "This is the biggest stage you can play on. You're playing with the best players from the world; it just kind brings you to that next elite level." THE CANADIAN PRESS

TENNIS - US OPEN

Serena stunned by 10th seed Pliskova

Serena Williams was upset in the U.S. Open semifinals for the second year in a row, beaten 6-2, 7-6 (5) by 10th-seeded Karolina Pliskova of the Czech Republic on Thursday night.

Williams, who clutched at her left hamstring occasionally in the second set, double-faulted to end it.

The loss prevents Williams from earning her seventh championship at Flushing Meadows and 23rd major title overall, which would both have been Open-era records.

It also means Williams' 3 1/2-year reign at No. 1 in the WTA rankings will end. She will be overtaken on Monday by current No. 2 Angelique Kerber, who plays Caroline Wozniacki



Serena Williams GETTY IMAGES

in Thursday's second semifinal.

A year ago, Williams' bid for a calendar-year Grand Slam ended when she lost in the U.S. Open semifinals to unseeded Roberta Vinci of Italy in the semifinals. Pliskova advances to her first major final.

THE ASSOCIATED PRESS

IN BRIEF

Seattle's Baldwin says team will 'honour' country
Seattle Seahawks wide receiver Doug Baldwin tweeted Thursday that the team "will honour the country and flag" in a "demonstration of unity" prior to Sunday's season opener against Miami.

When approached in the locker room by reporters, Baldwin declined to elaborate further saying, "you'll see on Sunday."

THE ASSOCIATED PRESS

Galaxy's Donovan may come out of retirement

Landon Donovan appears set to come out of retirement and rejoin the Los Angeles Galaxy.

The team tweeted "He's back" on Thursday along with a video of Donovan putting on a No. 26 Galaxy jersey.

Now 34, Donovan retired after the Galaxy won the 2014 Major League Soccer title.

THE ASSOCIATED PRESS

RECIPE Garlic Apple Grilled Cheese



PHOTO: MAYA VISNYE

Ceri Marsh & Laura Keogh
For Metro Canada



If you're looking for a way to switch up your humble grilled cheese then allow us to introduce you to our garlic apple version. You may never just grill a few slices of cheese between bread again.

Ready in 15 minutes

Prep time: 5 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 1 Tbsp butter
- 1 clove garlic, grated
- 1 Gala apple, peeled and thinly sliced
- 4 pieces of multi-grain bread
- 1/2 cup crumbled, aged cheddar

Directions

1. In a medium frying pan, melt butter over medium heat. Add garlic and sauté till garlic is translucent, about 2 minutes.

2. Toss in apples and sauté until soft, about 2 to 3 minutes. Remove apples and place on a clean plate.

3. In the same pan, place a slice of bread and then cover the top with the shaved cheddar. Lay slice of apple atop cheese and then cap with the other slice of bread. Cook until the underside becomes a gold brown then flip. Remove from the pan and serve when the cheese melts thoroughly and the top is also a golden brown. Repeat with other two slices of bread.

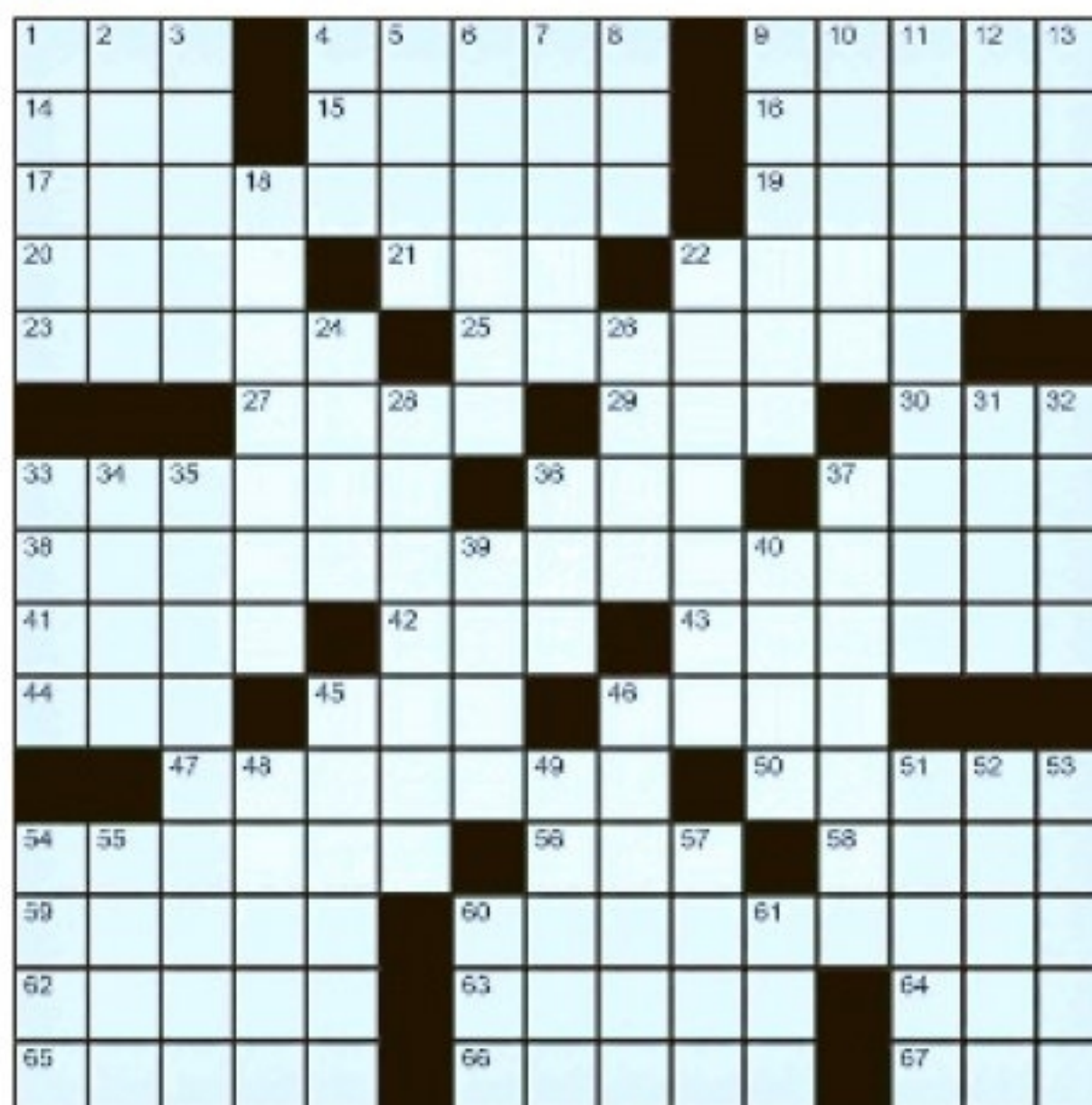
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Personhood proofs, puny-ly
4. Michael J., formally: 2 wds.
9. _ salts
14. Cacharel perfume
15. Henhouse
16. Bishop's hat
17. In proportion
19. Gripes
20. British actor Idris
21. Quebec-headquartered simulators co.
22. Grits debaters in Parliament
23. Rips
25. Robin aka Dick _
27. Overdue
29. 33.3 rpm-ers
30. Some univ. degrees
33. Tony _ "Saturday Night Fever" (1977) character
36. 23rd Greek letter
37. Kiln kind
38. September 9th, 2016... Biennial telethon (broadcasting live tonight on networks in Canada and The States) which raises money for research: 4 wds.
41. Donate
42. These: French
43. First Greek letters
44. Scottish writer Josephine
45. Campaigned
46. Drumheller's prov.
47. Manitoba's second largest city



50. SNL alum David
54. Groups of ships
56. Try the a-bit-too-hot soup
58. Balanced
59. Charter
60. Flaunts one's well-known connections: 2 wds.
62. Outer's op-

- posite
63. Imperial decree in tsarist Russia
64. Particular pan
65. Histories
66. Briny
67. Farm pen

DOWN

1. Map detail

2. Alan of Great Big Sea
3. Ballroom favourite
4. Soldier's food-in-a-packet [acronym]
5. US campus mil. program
6. Search, for instance, the forest for food

7. Willow's flexible twig
8. "Making Plans for Nigel" band
9. Make a raised design
10. Renaissance painter, _ della Francesca
11. About an hour southeast of Win-

- nipeg, it's Manitoba's third largest city
12. Golden _ (Ornamental pond fish)
13. Tidying target
18. Ms. Dietrich
22. Representative
24. Partially-eaten-here in-a-tin fish...
26. Additionally
28. Tropical fruit-eating birds
31. On the Atlantic
32. Gibraltar, et al.
33. Ernest G. Bilko's rank [abbr.]
34. End in _ (Draw)
35. One would think they would be a sailor's favourite legume: 2 wds.
36. Liq. measures
37. Where writers will write: 2 wds.
39. Remain unsettled
40. Hgts.
45. Appraisers
46. Muppets drummer
48. Adjust anew
49. Port city of Japan
51. Declares
52. Terminus
53. Laud to the heavens
54. Impertinent
55. Ms. Horne
57. Bug
60. Greek letters
61. Actress Susan

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Guess what? The next 12 months are fabulous for close friendships and relationships. It's the best time to marry in over a decade! Yee-haw!

Taurus April 21 - May 21
Start to look for fabulous opportunities to improve your job or get a better job, because they exist for you in the next 12 months. (Would I kid you?)

Gemini May 22 - June 21
Grab every chance to take a vacation and enjoy the arts, sports, fun times and flirtations in the next 12 months. Plan on lots of vacations in the next year!

Cancer June 22 - July 23
For the next 12 months, you have fabulous opportunities in real estate! If you cannot speculate in real estate, you can at least improve your own home

Leo July 24 - Aug. 23
Your everyday experiences, encounters and relationships will be super positive in the next year. This blesses all your dealings with relatives, siblings and neighbors.

Virgo Aug. 24 - Sept. 23
Finally, in the year ahead, you will have a chance to make more money. Not only will you boost your income, many of you will make major purchases as well.

Libra Sept. 24 - Oct. 23
Today Lucky Jupiter moves into your sign for the first time since 2005. This brings you great good fortune! Expect sunny days ahead.

Scorpio Oct. 24 - Nov. 22
For the next year, you will be quietly confident, because your focus will be on your inner development. Use this time to plan what you want your future to be all about.

Sagittarius Nov. 23 - Dec. 21
Do not feel worried if you are discouraged today. It's just one of those things. But the truth is, you can see what really is happening. Therefore, do nothing. Be safe.

Capricorn Dec. 22 - Jan. 20
Although you want to travel to expand your world through an increase in learning and knowledge, something is holding you back. The bottom line is that it is self-doubt: Don't listen to this voice.

Aquarius Jan. 21 - Feb. 19
Do not be discouraged if someone older is critical of you. Basically, some kind of misunderstanding is the cause. Do not take it personally.

Pisces Feb. 20 - March 20
This is a poor day to make important decisions or to accept instructions or direction from anyone in a position of authority. Everything is confusing!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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We specialize in helping those who have been turned down for traditional mortgage financing
MORTGAGE OPTIONS REGARDLESS OF INCOME OR CREDIT



ETS

NEXT STOP: DOWNTOWN ARENA

#yegdtHacks

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- Use Capital Line LRT
 - Short walk from Bay/Enterprise Square station
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- *Clareview, Belvedere, Stadium, and Century Park

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